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Consumers have plenty
of investment options

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VOLUME 23, NUMBER 14

WEDNESDAY, FEBRUARY 17, 1999

FIFTY CENTS

First consolidated election could cause major confusion

Some school board members won't start until November

EDITOR'S NOTE: This is the first in a three-part series about the consolidated election in April.

By Paul Mackie
Staff writer

Officials and candidates are concerned about the area's first consolidated election to be held April 13.

Although the new format is expected to eventually save money, the switch will be a headache for election officials because of an increase in ballot combinations and the greater chance of voting errors, some officials say.

In addition, the election will create hundreds of ballot combinations, which officials say.

This is the first time school board elections have been held simultaneously with municipal elections.

Madison County Clerk Mark Von Nida is busy training his 1,000 election judges, some on a one-on-one basis, about the new ballots. He also is producing a newsletter.

"The consolidated election causes a terrific number of intersecting boundaries," he said. "For instance, even in a small town like Alhambra, there are eight ballot combinations."

For instance, a voter who lives just outside of Alhambra could vote within the Highland School District, while a neighbor might vote within the Livingston School District.

There were 60 ballot combinations in

Madison County during November's general election. There will be more than twice that many, or 150, in April.

"The logistics will be that much more complicated," Von Nida said. "The judges will have to get the ballots to the right booths and the voters to the right booths."

He hopes an "election nightmare" like what happened in St. Louis' last general election doesn't happen in Madison County. A large number of ballots were uncoupled in St. Louis. Such a mistake could lead officials to hold another election.

"There's more of a chance of that kind of snafu happening in this first consolidated election, but it's up to me to design a system that eliminates those problems as much as possible," Von Nida said.

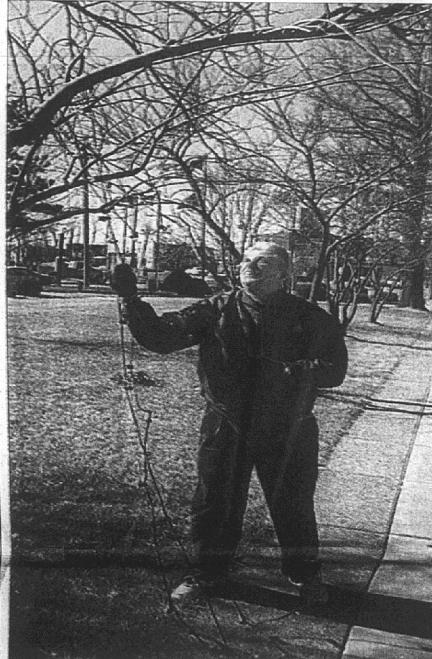
Also, the consolidated format is more complicated for judges after the county's 196 primary races in the 7 a.m. election night.

Judges must check for write-ins, record voting totals from more ballot boxes, process absentee votes and search for spoiled and damaged ballots. They also will be taking the results by mail to Edwardsburg.

About 203 officials will be elected in April. School board members elected will not take office until November, their terms lasting three-and-a-half years.

Wes Tucker is an incumbent trying to retain his spot on the East Alton-Wood River board.

See ELECTION, Page 5A



Tim Stephenson photo

Taking it down

Brad Enverson, a volunteer for Granite City's Santa's Holiday Avenue, removes Christmas lights from the park at Niedringhaus Avenue in downtown Granite City Saturday afternoon.

Reading program starting

Marshall School hopes literacy improves

By Mike Heil
Staff writer

A satellite reading program is expected to be set up at Granite City's Kirkpatrick Homes to help students at Marshall Elementary School.

School officials are now seeking grants to fund the program.

"The purpose of the program is to encourage children to read and to give them an opportunity to read, especially during the summer when school is not in session. We want to involve the parents at Marshall School," said Marshall Principal Virgil Kambarian.

Marshall students who live at the homes and attend the school will have access to an on-site library that will be set up in the residential area. Children and adults in the community will also have access to the library.

Kambarian said that those who live at the homes will not only have books of their disposal, but will be able to sign up for additional books.

See PROGRAM, Page 5A



Tim Stephenson photo

Out for a stroll

Sisters Christie Belles, 19, and Janelle Belles walk along the Wilson Park fitness trail with their father, Walt Belles, Saturday afternoon. Lagging behind is 13-year-old Ashley Belles.

Granite City Journal

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California truck drivers attacked in Venice; one shot

By Scott Cousins
Staff writer

Four men looking for a some excitement early Saturday morning got a little more than they bargained for after making a wrong turn in Venice.

A truck driver from San Dimas, Calif., was treated for a minor gunshot

wound to the chest following an apparent armed robbery near Garrett's Cut-Rate Lounge, 337 Bauman, at about 1:30 a.m. Saturday.

The 33-year-old victim was unavailable Monday, but police said the bullet just grazed the victim and his wound was not serious. According to police reports, the victim — along with two friends and a fourth

unidentified man — were heading toward Brooklyn in the victim's Peterbilt tractor-trailer when he took a wrong turn and wound up on Bauman.

They stopped at Cut-Rate and the unidentified man went inside while another asked someone where they could make a few calls. While that man was giving them directions to Brooklyn, two men came up to the victim, forced him at gunpoint toward the truck and demanded money.

After the victim and another man gave the two all the money they had, one of them shot the victim.

The bullet — from a small-caliber handgun, apparently struck the victim and traveled between his skin

See SHOOTING, Page 5A



Fins Win
Fish fare
tops menus

See Today's Food section



GC School Board discusses possible Price closing impact

Balen: Shutdown would badly hurt district

By Mike Hell
Staff writer

A hot topic of discussion at the Feb. 9 Granite City School Board meeting dealt with the possible closure of the Charles Melvin Price Support Center in Granite City and its possible effect on the school district.

"If the base would close, a negative economic impact would feel in our district," said Granite City School Superintendent Steve Balen.

Balen was referring to an estimated \$60,000 in base fees the district would lose in federal revenue because the 250 students who are dependents of military personnel would no longer be in the district.

"The kids would relocate with their families," he said. "That's where the district

would lose the money."

Balen said the closure would have an economic domino effect that would cause price increases, school renovations. He also said monies probably wouldn't be available to add and renovate classes.

There is nothing the board can do but wait for the decision, he added.

As far as economics, Balen said the board would deal with the closure when it occurs. For now, he said, the board is trying to remain positive.

The U.S. Army Material Command, which "owns" the base, is preparing a Record of Excess which could lead to its closure. That report is due out at any time.

The R.O.E. is an internal military process through which the military decides what to do with a base that has fallen below a certain personnel

threshold. The Army Material Command no longer wants to pay the more than \$12 million in annual costs of keeping the base open when it uses only a small portion of the base.

While local officials and economic development agencies have fought the closure, there are numerous signs that they are beginning to consider what to do with the base property afterward.

The most talked-about option is turning the base property over to the Tri-City Port District.

In a related matter, the Tri-City Area Chamber of Commerce, along with organizations such as the Port District's, acquiring the base property if it closes, and encouraging the school board to go ahead with plans for building improvements.

By Steve Whitworth
Staff writer

The second-graders at Edwardsville School turned its hallways into a scaled-down version of "Jurassic Park" for Monday night's open house.

The love of children for learning about dinosaurs and sharing their knowledge with others was evident during school Monday night. They prepared for visits from their parents and other family members a few hours later.

Drawings and models of dinosaurs were everywhere in the halls of the school at 1225 W. High St. Inflatable plastic dinosaurs stood guard over nests of paper-clad eggs.

One hallway was turned into a "Dinosaur Museum," where the second-graders were prepared to teach first-graders

Housing sales see increase

By Sanford J. Schmidt
Staff writer

House sales are giving people in the real estate business a warm, cozy feeling, and the outlook is for more of the same.

Sales of single-family houses in the River Bend area are up 10.8 percent from 1997 to 1998, and more growth is expected, according to figures from the Greater Gateway Association.

"Conditions for home sales in the past year have been better," said Jean Crosby, president of the Illinois Association of Realtors.

"Steady, low interest rates, high job satisfaction and a healthy economy all contributed to this record year. All indications point to another strong year in home sales. However, the predictions are that 1999 won't be quite as strong as 1998."

The Greater Gateway organization includes real estate offices in the Wood River, East Alton, Bethalto, Edwardsville and Glen Carbon.

In the Greater Gateway area, slightly more than 3,000 houses were sold in 1998, compared with 2,732 in 1997 and 2,650 in 1996.

Prices in the Greater Gateway area remained modest, rising just 3.8 percent between 1997 and 1998.

The median price of houses sold in 1998 was \$32,700, compared with \$39,800 for 1997. The median price of a house in Oak Park was \$144,400 in 1998.

House sales statewide hit a record for 1998, the state association said.

The number of houses sold in Illinois in 1998 topped the 100,000 mark for the first time with 104,488.

and kindergartners about the prehistoric reptiles.

The second-graders stood behind a rope Monday night as the younger children walked past the exhibits, including a menagerie of clay models made by the pupils and a large time line showing the rise and fall of the dinosaurs.

In one gallery, second-graders under the direction of physical education teacher Carol Waggoner set up a dinosaur environment where relay races were held. Youngsters moved through a variety of "terrain," including swamps and caves, to get a feel for how dinosaurs had to get around.

A number of the exhibits illustrated the actual size of dinosaurs, including "Big Al," a life-sized orange paper cutout of an Allosaurus who towered over a stairwell. Others showed how many footprints of pupils would be needed to fill the huge

footprint of a Tyrannosaurus rex.

In the Dinosaur Museum, each pupil was responsible for coming up with at least one "bony fact" which were facts about the ancient reptiles written on construction paper cut out in the shapes of bones.

The bony facts included: "Allosaurus was the last 'titan'"; "Allosaurus may have hunted in groups"; "Brachiosaurus had a tiny brain."

The second-graders who put together the exhibits were from the classes of Kathy Weber, Linda Hanson, Shirley Ward, Lori Burns, Jane Branson, Linda Rockwell and Cheryl Conner.

Each of the second-graders created a 50-page booklet containing a report about their dinosaur, as well as their own reports and activities while studying the extinct creatures.

"It's amazing, the facts that the kids come up with," Weber

New equipment

Contributed photo
Belleville Area College Industrial Services Apprenticeship Coordinator Gary Coates, left, talks things over with Tom Stabbs, a representative with Jet Manufacturer Equipment and Tools, at an open house held at BAC's Granite City Campus Industrial Training Center Machine Shop. The school recently purchased 40 new pieces of equipment to give students state-of-the-art, hands-on training.



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Madison hit by robberies

Continued from Page 1A

Starter jacket.

Shelby said police were unsure if the two robberies were related.

In that same period, there have been at least four other armed robberies reported or attempted in the area, including one at an auto convenience store in which a suspect was caught almost immediately.

Shelby said the department has attempted to warn businesses and increase patrols, but deterring the would-be robbers is "hit and miss."

He added that if someone is robbed, the best advice is to cooperate.

"Money can be replaced, your life can't," he said.

Parks speaking at program

Dr. Lillian Parks, the former superintendent of the East St. Louis School District, will be the guest speaker at New Shining Light Missionary Baptist Church's Black History Month program.

The program will be at 4 p.m. Sunday, Feb. 21, at the church, located at 214 Broadway in Venice.

Parks is chairman of the Jackie Joyner Youth Center Buy-A-Brick program, a fund-raiser for the youth facility in East St. Louis, which is scheduled to open later this year.

The public is invited to take part in the program.



Courtesy Madison Police Department

These are the composite sketches for two suspects allegedly involved in a string of robberies that has plagued Madison in recent weeks. The suspect on the left is suspected in the attempted robbery of the Madison QuikTrip Jan. 31, while the suspect on the right is alleged to have robbed the store in early February.

Bethalto school board, attorneys ponder next moves in case

By Rebecca Hopkins
Staff writer

No action was taken after the Bethalto School Board met with its attorney Feb. 10 in the case of nine suspended Civic Memorial High School football players.

BETHALTO The board met in executive session at its administration building, 322 Main St., for about two hours. After the board adjourned, School Board President Thomas Beiermann released this statement:

"This meeting was called as a work session, and no action can be taken tonight. We are pleased with the appellate court's order. A decision regarding the suspensions is not appropriate until the order becomes final."

"Our attorney advises us the 'mandate' from Mt. Vernon could be received in approximately 21 days, unless an appeal is filed. We will address the conclusion of this matter at that time."

Attorneys for the players, Bob Ramsey and Greg Tobin, were present but did not intend to leave the building. They waited outside for about an hour before deciding that the board did not want to address the matter.

"We never had the opportunity to speak to the board," Tobin said.

"They are apparently not interested in talking to us. We were going to give the board the opportunity to answer our proposal that the young men perform a specified number of community service hours and that all litigation be terminated immediately."

Tobin said he would like the two parties to participate in a joint press conference to announce a resolution and the intent of the parties to work together for the betterment of the children and the community.

"We strongly believe that several players were not guilty of anything," Tobin said. "It's hard for the parents to accept punishment of a child when they believe him innocent of any wrongdoing."

The board called the session

to discuss legal strategy and disciplinary options regarding the players. The players were suspended from the team in October and accused of drinking alcohol at the home of one of the players. Drinking alcohol is a violation of a code of conduct each student-athlete signs.

The day after the students were suspended, Tobin filed suit on behalf of the players. Madison County Circuit Judge James Kardis issued a temporary restraining order against the suspensions the same day. The ruling allowed the players to finish the season.

On Feb. 5, the 5th District Appellate Court reversed Kardis' decision, allowing the board to discipline players again.

After that announcement, Ramsey filed a motion Tuesday asking Kardis to order the players to turn over more evidence and consider it in a new hearing. Ramsey said the players were singled out while the same behavior by other athletes at the school was ignored.

"I filed a motion in an attempt to complete the record in the football case that was interrupted by the appeal filed by the Board of Education," he said.

Ramsey said the players

"We strongly believe that several players were not guilty of anything. It's hard for the parents to accept punishment of a child when they believe him innocent of any wrongdoing...We want them to be fair across the board."

Greg Tobin
Bethalto attorney

cannot be suspended from playing any other sport until Kardis issues a final ruling.

"Our (Ramsey and Tobin) intention will be to follow this with every legal remedy we have," Ramsey said.

"It depends on what the board does. We want them to take steps to our community and with our (players') parents. We want them to be fair across the board."

Police Blotter

Venice

Granite City

Burglary: A resident in the 700 block of South Fourth Street reported an attempted break-in Friday night.

The victim said he had been

outside

when he

noticed

handprints

on a

bedroom window. He then

noticed

another window had

been broken.

No entry was gained.

Battery: Police are

investigating an alleged

battery at Club Venice, 700 Broadway, Thursday evening.

On Friday, a woman came

to the Venice Police

Department and said another

woman had assaulted her.

She was fighting with

probably because of a previous

fight involving the victim and

the suspect's mother in

February 1998.

Police are investigating the

incident.

Burglary: A Granite City man was charged Wednesday for DUI. The man charged was Darren Stanford, 39, of the 1900 block of State Street.

According to Granite City police, Stanford was swerving his vehicle in and out of lanes and, at one time, was driving in the wrong lane.

Burglary: Granite City police, Thursday evening in the 5100 block of Buena Drive Thursday in which an estimated \$900 worth of items were taken.

According to police, a suspect broke into the house at about 3 p.m. Items taken included an Elmo stereo valued at \$200 and a Nintendo system valued at \$150.

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Fast-food restaurants still look for stable employment

By Greg Uptain
Staff writer

Drive down any street and chances are you will see a help wanted sign on most of the fast food restaurants.

It is a trend that has been in effect recently.

"The industry in general is probably on the downswing," said Dave Schimweg, general manager of the Hardee's restaurant in Woodson Terrace. "It's a pretty competitive market out there for that help."

Schimweg said the fast food industry sees a high turnover rate.

"Right now, the average for the industry, for a given year, is about 200 to 250 percent turnover in one year," he said.

Schimweg attributes that to more people going to college.

"School enrollments for colleges and tech schools are probably at an all-time high," he said. "Young people are probably learning that if they want to get ahead, they need to further their education."

Schimweg thinks age also plays a part in those figures.

"It seems like the older the employee, the more likely they're going to be stable and less likely there is going to be turnover," he said.

One of Schimweg's employees of several years backs up that claim.

"I love it here," said Leonard Apple, 81, who is the restaurant's biscuit maker. "I get to work here on a weekly Monday through Friday."

Jim Hurt, manager of the Arby's restaurant in Hazelwood, said the fast food industry has gotten a bad rap from the media.

"To be honest, there is no glamour in it," he said.

"But, the quality of the workers are just as good as any other industry."

The stereotypical profile of a fast-food employee is a teen-ager working part-time while in high school. But, in reality, that is just not the case anymore.

"We used to get a lot more high school students than we do now," Schimweg said. "I'm finding more college students are a little less willing to work now than in the past."

"We have a mix for the most part," Hurt said.

"The average age from 16 to close to 40."

These days, the focus seems to be shifting toward the older workers, trying to supplement their income with a second job or looking to spend a few hours a day working while the kids are in school.

"The good thing about restaurants in particular is that we can be flexible with hours," Schimweg noted.

Hiring older workers can sometimes have its

advantages.

"When you hire the 16-year-olds, especially if it's their first job, they're very naive. They're not little children sometimes because they have to learn what it's like to really have a job," Schimweg said. "I think the people that have had two or three jobs know what they're getting into. They know what's expected as far as attendance and following rules and what they have to do if they want to keep their job."

Fast food restaurants rely on incentives and benefits to gain people's attention.

"Incentives, more and more, are very important to be a popular benefit. People like the extra benefits, like the paid vacations, paid holidays, sick leave and funerals," Schimweg said. "We do special incentives here and there where we have different contests."

The contest Schimweg mentioned was one where employees get \$50 if they bring in another employee and that person lasts at least six months at the restaurant.

Hurt said he uses the potential for a good time on the job as a lure for employees.

"We try to do fun things," he said. "We have float trips, Paintball outings and contests."

Hurt also lauded his current crew as a great selling point.

"My best selling point is the crew that's already here," he said. "The new people are welcome. They always say how nice everyone here is."

Another way to attract people is the opportunity to move up the ranks through the ranks to management.

Hurt has moved up the ranks in his 21 years in the fast-food industry.

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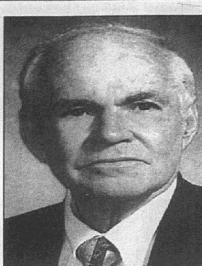
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ALAN WALKER



MARK KLEINDORFER



DONALD ADAMS

Walker, Kleindorfer win new terms on Guardian Bank board

Donald G. Adams, chairman of the board of Granite City-based Guardian Savings Bank, has announced the re-election of two board members: Alan D. Walker and Mark Kleindorfer, O.D.

The elections took place at the regularly scheduled annual meeting of the shareholders of the bank on Jan. 22.

Walker, a local law and has been affiliated as a director of Guardian for six years, while Kleindorfer, who practices optometry, is a five-year director of the bank. Both have offices in Granite City.

"We are delighted to announce the re-election of these two outstanding individuals," Walker said.

"Their contributions to the success and direction of Guardian Savings Bank is significant, and as we prepare for the new millennium, know that their continued leadership will serve our customers well."

Bank president James R.

Seiz echoed Adams' remarks, noting, "Since 1919, Guardian Savings Bank has enjoyed a tradition of providing true hometown banking service and dedication to our customers. Today, that is largely part to the commitment of our entire Board of Directors to the philosophies of community banking."

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Bank president James R.

services with the highest level of personal banking service.

"Our customers quickly come to appreciate the hometown banking service indeed makes a difference."

Guardian Savings Bank showed a profit of \$9 million in 1998, up 10 percent from 1997. The bank operates from banking facilities on Niedringhaus Avenue and Nameoki Road in Granite City.

Its full slate of directors who have cumulatively invested 100 years in banking, includes: Len Walker, Kleindorfer, Len H. Dill, owner of Len's Funeral Home; Donald G. Adams, chairman of the board of Guardian Savings Bank and president of Granite, Inc.; Charles J. Jones, president of Jemeau Associates, Inc. PC; Walter C. Milton, retired executive of Pepsi-Cola; and Seiz, president of Guardian Savings Bank.

Area construction-site crimes on increase

By Paul Mackie
Staff writer

With an influx of new business in Glen Carbon, crimes committed within construction areas have

increased, police say.

"Two such crimes allegedly occurred recently at the future site of Denny's Restaurant on South State Route 159, and a construction zone at the Meridian Village retirement

community on Meridian Road," Jones said. "I expect, once those (new businesses) open up, there will be a lot more traffic," said Glen Carbon Sgt. James Jones. For example, M. Ward, 22, of the 300 block of South Oak St. in Cottage Hills, was charged with criminal damage to property and driving on a suspended or revoked driver's license.

A patrol officer witnessed Phelps driving onto the Wal-Mart parking lot from the construction lot at Denny's and stopped him, talk to him, and his three passengers. Then, he allegedly told the officer they had left a bar in Edwardsville and had tried to drive through the Denny's lot but got stuck.

Phelps allegedly tried to back out of the area but grazed some scaffolding, impacting a small stack of bricks and bumped into a concrete wall.

Phelps posted \$200 bond and was released from the Glen Carbon Police Station.

The three passengers were charged with criminal damage to property and released. They were Jeremy A. Ward, 22, of the first block of Carolee Drive in East Alton; Melinda A. Edsall, 20, of the 740 block of Cedar St.; and Courtney, 21, of the 500 block of Mill Street in Belthalt.

"Jack in the Box (on South State Route 159) had some problems when they were building," Jones said. "It was a night shift contractor working on Jack in the Box, and he said he was getting some heat because of that."

Jones said the incident at Denny's doesn't appear to be related to any union issues. He also said sit-down restaurants like Denny's rarely cause an increase in crime once they open...

"The only places we really see problems are in fast-food restaurants, where all the kids go," Jones said.

In an unrelated construction-site crime, a construction worker at the future site of the Meridian Village retirement community reported a theft of more than \$300 worth of tools.

He told police a security bar on a trailer was discovered to be ineffective. Because of the volume of workers at the site, police have no clues as to who took a drill, a stapler, a \$1,000 air compressor and two extension cords.

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News



Souper Bowl XXXIII

The youth of Central Christian Church (Disciples of Christ) collected food and funds for the needy in the Granite City area during the denomination's annual Souper Bowl of Caring project, which was overseen by all Disciples of Christ churches. On Jan. 31, Super Bowl Sunday, Lesley Rivenburgh, left, and Stephanie Huff display some of the food collected during the event, while Myra Parish, back row, left, donates to Matt Davis and Kyle Clayton takes a contribution from Mary Kay Borger.

Grace Baptist organizing children's divorce recovery, anger program

A program for children dealing with their parents' divorce or living in single-parent homes is being sponsored by Grace Baptist Church in Granite City.

The program, Broken Promise, is designed to help children deal with the denial, guilt and anger that often accompany divorce or separation.

It is designed for children 4 years old and up. Child care is available for children under 4.

Broken Promise classes will run concurrently with New Beginnings, a class for single parents whose children are in the program.

Sessions will be from 7:30-15 p.m. Wednesdays, beginning Feb. 17 and continuing for 14 weeks.

The cost of the program is \$10 for a parent and any number of children.

Enrollment is limited, and those not enrolled will be given priority for future classes.

To enroll contact the church, 2600 Edwards St., or call 877-6672.

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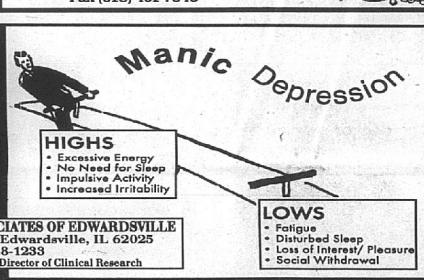
Lynn A. Cunningham, M.D., Director of Clinical Research



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Telemarketing firm announces facility expansion plans in Alton

By Dave Whaley
Staff writer

When APAC Custom Solutions, Inc. announced in October that its Alton Call Center had been selected for a major expansion, hoped for a favorable community response. The response exceeded even their highest expectations.

"Immediately following the announcement of our expansion plans by Mayor [John] Coughlin, our phone lines began to light up," said Bill Anderson, director of outbound operations for APAC, a telemarketing firm based in Alton. The news by the people of Alton was extremely positive and has allowed us to meet the immediate hiring goals necessary to initially accommodate the new business we're bringing into the community."

The original expansion called for the creation of 200 new positions. APAC, a premier provider of outsourced customer acquisition and customer care services, has given Alton immediate approval to hire an additional 100 employees. Bruce

Tiemann, a spokesman for APAC, said the other 100 positions should be filled later this year.

"It would have been easy to assume additional work to one of the company's other customer contact locations," Anderson said. "But after the positive community response, coupled with the fact the people we are hiring, that convinced us that the Alton

facility deserved another opportunity to grow."

Alton's APAC facility is at 205 Alton Square, in the upper level of the mall.

"The additional 100 positions created will be primarily Outbound TeleSales Representatives, who will be responsible for contacting client consumers across the country to explain new program offerings."

Valentine's Plant Care
by the experts at

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Where Beautiful Things Begin

That gorgeous plant you received as a Valentine's Day gift can keep on giving its beauty for a long time to come. All it takes is a little TLC. Following are some tips on doing just that.

The information here is nothing new. We've discussed houseplant care on many occasions. But if you're a first-time plant owner, as many are this time of year, you'll definitely learn something.

Plant placement is very important. It may blend in perfectly where it is, but it might not necessarily be in the best spot for its health. All plants require light, that's obvious, but the amount each plant requires varies. If you place a plant's in a window, it should be fine. If not, consider purchasing a plant light, which more closely resembles natural light. Fluorescent lighting is far better.

If you have any doubt as to the light requirements of your plant(s), talk to the experts at Frank's.

Plants kept in windows should be rotated slightly every so often. If you don't, they can end up looking a little strange, with only one side getting all the light. A little every few days is all it takes.

Watering is something that's misunderstood by many people, and they simply water the plant every day. That's not necessarily true. So how can you tell when a plant's thirsty? Easy. Stick your finger into the soil a little bit. If the soil is dry, none will stick to your finger, and the plant's telling you it needs a drink. Moist soil will cling to your finger, so the plant can be left alone for a day or so.

Don't want to get your finger dirty? Try a wooden ice cream stick. It'll accomplish the same thing.

Another way plants tell you when they're thirsty is when their flowers begin to wilt. Foliage can become dull or very shiny. Tiny new leaves and stem tips may die.

Some plants, such as African Violets, can be watered from the bottom.

This may sound like the opposite of what you learned in science class, but it's true. Simply place the plant in a saucer of water and let it soak up the moisture. When droplets glisten on the soil surface, remove the plant.

Plants should also be a part of your routine housecleaning. Everyone dusts off the shelves now and then, but how many do the same to the plant? You should. They can pick up dust just like the shelf. Give plants a light dusting or even go one more step and give 'em a bath. Not by dunking them in the tub, but simply wiping them with a soft, damp cloth.

Don't wash hairy-leaved plants like African Violets, though. Simply wipe them instead. If you notice water spots, rubbing can give the leaves a scuffed appearance. So much for the beauty.

Most indoor plants require balanced plant foods. All packages of fertilizers, regardless of brand or type, contain three numbers on the package. They indicate the percentage of nitrogen, phosphorus and potash, in that order. To keep it simple, flowering plants like a fertilizer with a high second number, such as 15-30-15.

Plant foods come in liquid or powder form, whichever you prefer is fine. Just remember to follow the directions on the package.

Follow these easy plant care tips and your Valentine's Day plants should be around to enjoy for a long, long time.

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By Rick Br
Staff writer

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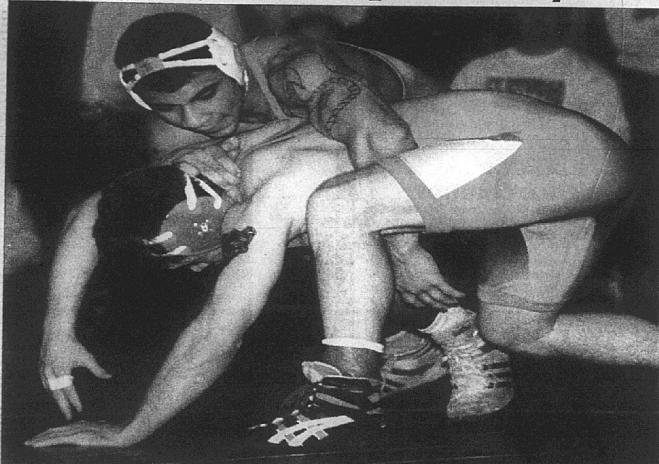
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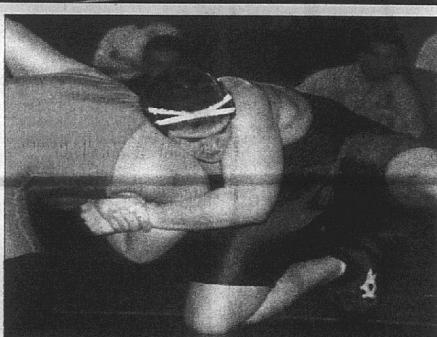
Team of the Week
Holy Family 8th-graders
finish perfect season

Page 2B

Warriors qualify five for state meet



Tim Stephenson photos



Brooks Narvaez, top, beat Murphysboro's Chris McCann, O'Fallon's Chris Oliver and Chatham Glenwood's Matt Veach, the third-ranked wrestler in the state, to earn a trip to Champaign. Kevin Vene, 12, at left, wrestles against Collinsville's Ken Lutz. Vene beat Lutz, who boasts a 33-2 record, for the second time this year.

Lightweights also advance

Sophomores Peach, Trtanj earn trip to Champaign

By Rick Broome
Staff writer

The sophomore duo of Steve Peach and Jake Trtanj is going to Champaign to represent Granite City as sectional champions in the state tournament this weekend.

After a first-round bye, Peach (103 pounds) faced Mount Vernon's Equentin Harris in the second round. Peach was winning 13-9 in the third period when Harris told the referee that he quit. Peach pinned Equentin's Andrew Bales in 8 seconds in the semifinals and took out Murphysboro's Christian Rath 4-2 in the finals.

Through it all, Peach kept a calm demeanor. "I went into this sectional tournament expecting to qualify, so I just tried to win those matches," Peach said. "I think I have a pretty good chance to win a few matches and maybe place at state. It depends on what kind of a draw we get."

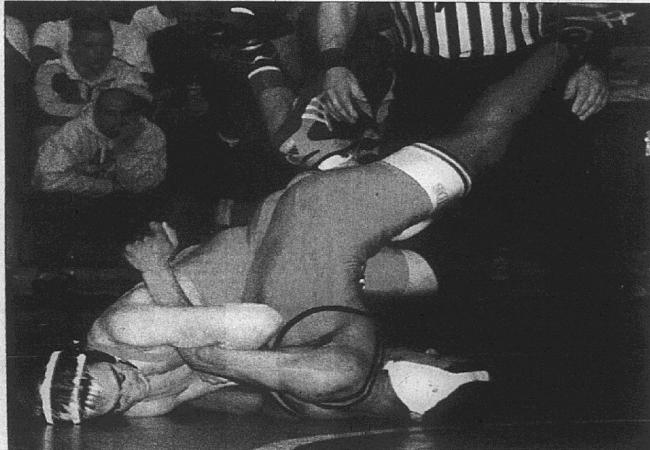
Confidence had been building in Peach all season long.

"I think I won 10 matches in a row at the beginning of the season. I felt pretty good. I felt like I should have a chance to qualify and go to state," Peach said. "I'm going to lift weights and run, try and get in better shape for the tournament."

Trtanj was less calm about his accomplishment. After he beat Quincy's tough accomplishment. After he beat Quincy's tough Josh Moody in the semifinals to assure himself a place in state, Trtanj broke into tears and after the match, he beat Moody 14-5 in the finals. Trtanj raised his arms in triumph.

"It felt pretty good," Trtanj said. "I only beat (Crawford) in overtime last week (in the regionals), so I was kind of shaking about that. But I went out there with a lot of confidence because I had been dealing a lot harder in practice. I just felt a lot easier. I went in there and took him down right off the bat and just went on from there."

"I told Trtanj that he wrestled very badly in the regional finals and it was because he had a



Sophomore Jake Trtanj (112 pounds) won his first tournament of the year at regionals.

very bad week of practice," Granite City coach Mike Garland said. "He picked up his tempo, we pushed him, we rolled him, and we made him wrestle harder and harder, and you see that pay off. In beats Moody, the kid who was the defending sectional champ and was 35-2 coming in, and controls him the whole match. He won in the finals and really wrestled tough. I couldn't be happier with him."

Both sophomores won their first tournaments of the year last week at regionals. The two go further into unchartered territory from here.

"It will be an experience," Trtanj said. "I don't know if I can make it. I didn't make it last year because I wasn't on varsity. It's a lot better than junior varsity because it's a lot bigger, there's a lot more competition. It's just

Captains live up to expectations

By Rick Broome
Staff writer

Granite City will send all three of its captains to state — but one of them found the path there longer and more difficult than anticipated.

Junior George Kirgan is a state contender at 160 pounds. But after a first-round bye and a pin of Jacksonville's Dustin Clarkson, Kirgan ran into the buzzsaw that is Althoff's Dan Quartier. Quartier pinned Kirgan away from him and won the match 7-4.

"I just wanted to take him down and get him frustrated from the start," Kirgan said. "I thought I could take him out and pin him. I thought I could control of him and get him tired. But while I was getting him tired I got myself tired in the process."

"I think I just didn't have a good match. He wrestled well, and I didn't. That's what it came down to. That's what it always comes down to. It doesn't matter, all the training, it just depends on how prepared you are to go right from the start."

Althoff planned to use Kirgan's style against him.

"Our strategy was to be very selective on our shots, make sure that we get a good setup because Kirgan is a very aggressive wrestler," Althoff coach Greg Garland said. "He is going to come after you, he is going to pin you. So our strategy was to do whatever we can with him. We wanted to play a rope-a-dope style, kind of the old Muhammad Ali style, and take our shots when they were there, and that's exactly what we did."

Kirgan had a lot less trouble in the wrestlebacks. He pinned Chatham Glenwood's Chris Bona at 5:05 and beat O'Fallon's Jason Dowdy 13-5 in the third-place final to move on to state.

"First matches in the morning, you kind of have to get the jitters out," Kirgan said. "I was just a little mad from losing. I definitely felt desperate. I didn't want to be in that situation, but I got myself into it, so I had to take a few deep breaths."

"Again, it was two tough kids," Granite City coach Mike Garland said. "George is ranked second in the state, and Quartier is ranked fifth. I think George could have wrestled him a little different. He didn't wrestle him the way I wanted him to, but you still have to take your hat off to George to be able to come back and fight through giving up a pin with a loss like that he did. The Dowdy kid is no slouch, either."

"George is a great kid, he's a hard worker and I told him it's unfortunate that he got third, but next week is the one you want to do well in. That's the one they are going to ask you about. That's the one they are going to remember you for. George will be ready. I'm

George is a great kid, he's a hard worker and I told him it's unfortunate that he got third, but next week is the one you want to do well in. That's the one they are going to ask you about. That's the one they are going to remember you for. George will be ready."

Granite City coach Mike Garland
On George Kirgan

sure he's going to push himself to the next level."

Brooks Narvaez also faced a tough road to state. After beating Murphysboro's Chris McCann and O'Fallon's Jason Dowdy, Narvaez had to step up against Chatham Glenwood's Matt Veach, the third-ranked wrestler in the state.

Narvaez almost had Veach pinned in the first period. The Warriors' senior had Veach by one leg and grabbed the other, throwing them both to the ground near the edge of the circle. Narvaez arched and kept one foot in bounds, but the referee called it out.

He kept the hold, though, and Veach under control the rest of the way and won 5-1.

"I was trying to get in on him before he got in on me," Narvaez said. "Go really quick and really strong. But I also knew that if I stayed on him, he would have been out. He missed a couple of weeks. I know I'm going to be tired, but I think he's going to be even a little more tired."

After the tournament, an obviously exhausted Veach came up to coach Garland to shake hands.

"We knew what he had to do against him to beat him," Garland said. "He is a very tough kid. He took a year and Brooks took a sixth. It just shows you that Veach has a lot of class. He's a good kid. It takes a lot of courage to come up to the other coach and shake his hand."

Garland handled the way we wanted him to, and it's the way you have to be to beat a kid like that. You can't relax for one second against a guy like Matt Veach. I would love for those guys to meet again in the state finals next week, go at it again. That would really be special. And then go at it again next Tuesday in the dual-team tournament. So these guys aren't done seeing each other."

Senior Kevin Vene steamrolled the

See CAPTAINS, Page 4B

Sectional saw many casualties for Granite City

By Rick Broome
Staff writer

Granite City will send five wrestlers to the individual state tournament in Champaign this weekend.

But not all of the Warriors' grapplers in the sectional tournament, held in the Granite City gym, were able to advance.

Freshman Tommy Tedesco (119 pounds) beat Charlie Hinterhuer of Belleville East 6-0 in his first-round match but fell to finalist Kelly Staley of Chatham Glenwood in the second round. Tedesco beat Edwardsville's Caleb Robinson in a wrestleback but fell to Civic Memorial's Shaun Dammnenbrink 11-1 in the third-place final.

Despite the loss, Tedesco's first season was considered a rousing success, particularly the way he wrestled in the last weeks of the regular season and the tournament.

"I didn't know what I could do," Tedesco said. "I thought I could make the sectionals, but what I really wanted was to go to state. There are a lot of good kids out there, and I have to work hard to make sure I can make it for next year. It was a good experience. I just have to come back next year and do better."

"He was in a tough weight class," Granite City coach Mike Garland said. "He knows what he has to do to be in this situation next year, and I think he did. But he did a great job on the last match. He's not done. There's still the possibility that he can qualify for state if the first, second, or third-place guy goes down and steps right in. So he's not out of it, he can step right in there if one of the other guys falls."

"He was in a tough weight class," Granite City coach Mike Garland said. "He knows what he has to do to be in this situation next year, and I think he did. But he did a great job on the last match. He's not done. There's still the possibility that he can qualify for state if the first, second, or third-place guy goes down and steps right in. So he's not out of it, he can step right in there if one of the other guys falls."

Many of Tedesco's elders had similar results. The senior class lost six members to the field on Friday and Saturday. Ben Lofink (130

See SECTIONALS, Page 4B



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Three Althoff grapplers continue crusade to state

Lightweight freshmen from Belleville West also emerge from Class AA wrestling sectional

By Rick Broome
Staff writer

Althoff's Dan Quartz and Belleville West's Joe Rujawitz led the way for their respective teams in Saturday's IHSA Class AA wrestling sectional at Granite City.

Quartz, a senior who finished third in the state last year, claimed a sectional title at 160 pounds. Along with teammate Andy Huskey (152) and Dustin Schleicher (132), Quartz advanced to the state tournament scheduled for Friday and Saturday at the Assembly Hall in Champaign.

Rujawitz, a freshman, placed first at 113 pounds. He joined by freshman teammate Dusty Carpenter, who was second at 125.

"Dan had a great tournament," Althoff coach Greg Garland said of Quartz, who defeated Granite City's George Lutz and Springfield Civic Memorial's Shawn Bryant in the finals. "This makes up for the (Granite City) holiday tournament when he did so poorly. The holiday tournament was a wake-up call for him."

"I'm very proud of him. He did everything I asked him to do. Our strategy at the time was to be very

selective on our shots (and) make sure that we get a good setup because Kirgan is a very aggressive wrestler."

"Our strategy wasn't to go blow by blow with him. We wanted to play a rope-a-dope kind of style and that's exactly what we did."

So Quartz and Huskey each finished third in his weight class.

"I was a little disappointed with Schleicher because he wrestled not up to my expectations Friday."

He said he was able to rebound and come back and dominate today and take third place. That shows a lot of heart and character.

"Andy Huskey is a phenomenal story. You could make a movie based on him. He had a few surgeries, comes back, and has one of the toughest weight classes in the tournament."

"To come out and take third and have the same attitude that he had to beat to get here really shows a lot about his character. He and Quartz are both four-time state qualifiers."

Quartz, a 160-pounder, was the class of the field. After a first-round bye, he took out Col Lee of Murphysboro 14-2 and then edged Civic Memorial's tough Shaun

Dannenbrink 5-3 in the semifinals, taking the title from Chatham Glenwood's Hartley Staley with a decisive 12-2 victory.

"I'm pretty happy with my performance," Rujawitz said. "For a freshman to win sectionals, that's pretty good."

Rujawitz has forged a season-long streak of consistency and exceeded expectations. He won the crown at the Granite City Holiday Tournament and now has a chance to make a splash at state.

"I thought I could come to the sectionals and maybe win a couple matches, but I didn't think I was going to get out," Rujawitz said. "But then as the year went on, I saw my consistency and my chances got better and better. Here I am, I'm going to state and I have a bye in the first round."

"Now I don't know what to expect. There are so many great wrestlers out there. I'll be happy if I make it up to the next level. I'm happy. I don't know what else I can do besides what I've normally been doing, but I know this year Dusty and I are going to work harder and practice and see if we can get just a little better for the state tournament."

Dusty Carpenter will follow his

teammate to Champaign. The 125-pound freshman beat Alton's Andy Garrison 8-2 and Springfield Sacred Heart's Ryan Molohon 12-10 to reach the final. Carpenter dropped the title match to Chatham Glenwood's Tom Schaefer, but his place in the next round was secured.

"I would have liked to get that first-round bye at state, but this is pretty good," Carpenter said. "I'm a great freshman that we have three more years and I'm looking forward to that. I was hoping to win regionals and just win a couple of matches at sectionals and just try to do pretty good from there and see what I could do."

"It all depends on my draw (at state), but I hope I can do pretty well. Hopefully, I'll come out of it with a place, that's going to be pretty

"Dusty Carpenter had a real good tournament. He had a real tough kid in the championship match."

Sometimes you have to give credit to other kids. He lost a real one-point match, but he's been wrestling all year long in good matches. He dominated early and had a tough kid in the semifinals and beat him pretty handily."

West freshman Mike Clabatton lost his third-place match at 135 pounds to Springfield Lamphier's Brett Gandy. Cahokia's junior Kevin Sangiolo lost his third-place match at 171 to Cahokia's Mark Venable.

Belleville East's lone state qualifier was Richard Ness, who lost to Edwardsburg's Jon Bevin in the title match at 189 pounds.

Mascoutah's Brandon Russell placed third at 189.

It was a disappointing sectional tourney for O'Fallon. The Panthers' top two finishers, Chris Oliver (162) and Jason Dowd (169), placed fourth in their weight classes and failed to qualify for state.

Host Granite City, which had 13 wrestlers in the sectional, sent five to state. Four wrestlers won sectional titles for the Warriors.

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Kahoks send two wrestlers to state

Former GCHS coach has Lutz, Justice to represent Collinsville

By Scott Marion
Staff writer

The Collinsville wrestling team didn't have any

**PREP
WRESTLING**
champions in last Saturday's Class AA sectional at Granite City, but he too, gets his shot at state.

Seniors Kenny Lutz (215 pounds) and Marc Justice (135) each placed second in the weight class they qualified for the state tournament to be held Friday and Saturday at the Assembly Hall in Champaign.

After a first-round bye, Lutz took out Carbondale's Joe Wood with pin at 5:15. Lutz beat Jerry Greenwood of Elizabethtown 10-3 in the third-place match before running into Granite City's state contender, Kevin Venne, in the finals. Venne won 7-0, but Lutz got his ticket to the state tournament stamped.

"I think (Venne) had a little more juice at the end," said Collinsville coach Allen "Moody" Moody. "We had a good week of practice and we'll go up to state and see what we can do. He was actually closer to Venne at the dual meet (three weeks ago)."

Justice also had a first-round bye. He edged out Granite City's Dennis Davis 11-10 and beat Springfield Lamphier's Brett Guilmard 8-1 to reach the

finals. Justice had a disappointing performance, falling 9-3 to Chatham Glenwood's Mike Imeokparia, but he too, gets his shot at state.

"Mark needs to pick it up," Kirgan said. "He can beat anybody in the state the way he goes after people. He tends to go back and forth and it costs him. I feel confident that no one in the state will beat him if he wrestles like he does in the practice room."

Junior Luis Beshears had a tough draw at 112 pounds. Beshears fell in his second-round match to Alton's Josh Crawford but made it through the wrestlebacks to the third-place match, where he found Quincy standout Josh Moody 10-3. Beshears dropped the final and was eliminated from state and tournament contention.

It felt like Beshears should have won the title, said Kirgan. "I think he was better than Lutz when he was winning and he got stuck. It happens though. Moody was upset by (Granite City's) Jake Tretan, which probably got him off track. He was in the third-round match with Chris. Chris is only a junior, so he'll be back and wrestle in the spring and summer and be fine."

"I think (Venne) had a little more juice at the end," said Collinsville coach Allen "Moody" Moody. "We had a good week of practice and we'll go up to state and see what we can do. He was actually closer to Venne at the dual meet (three weeks ago)."

Justice also had a first-round bye. He edged out Granite City's Dennis Davis 11-10 and beat Springfield Lamphier's Brett Guilmard 8-1 to reach the

finals. Justice had a disappointing performance, falling 9-3 to Chatham Glenwood's Mike Imeokparia, but he too, gets his shot at state.

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Clinics are slated for Feb. 21 and Feb. 28 at Henry VIII Hotel and Conference Center at 4690 N. Lindbergh. The cost is \$25 for girls 4-6 and \$35 for girls 7 years and older.

Each participant receives commemorative pom poms and a T-shirt.

Those interested must register in advance by

calling (314) 839-5800 or (314) 962-0023.

Softball tourney

A girls indoor fastpitch softball tournament is set for March 12-13 at the Ball Park Sports Center in O'Fallon. There is a four-game guaranteed with one-hour time limit. For an application or more information, call Rick at 624-6837.

Basketball tournaments

The second annual Eagle Pride Shootout basketball tournaments will take place this winter in Bethalto. Girls fifth- and sixth-grade tournaments are Feb. 26-28, while boys fifth- and sixth-grade tournaments will be March 5-7.

For information, call Robyn Dreith at 377-0422.

Continued from Page 1B

pounds) lost his opening match to Springfield Sacred Heart's Matt Robbins and dropped a wrestleback to eventual third-place finisher Dustin Schloeman Althoff.

Craig Mooshegan (275 pounds) in his first round match to Carroll's Cortez Simon and fell out of the competition when Simon failed to reach the finals.

Denis Davis (135 pounds) edged his Jacksonville's Chris Anders 11-10 but fell to Collinsville's Mark Justice and Springfield Lanphier's Brett Guimard.

"It was hard," Davis said. "I made it through regionals and I was very happy about that. I was really hoping to go to state and I feel like I did

the best I could, but I didn't make it. Sectionals were very

Ryan Worthen (145 pounds) beat Murphysboro's A.J. Burkey with a pin in the third period. In the second round, Worthen won a triple overtime match against Althoff's Matt Stump the whole match but turned it on in the third and pinned Stump at 5:15.

However, Worthen lost his wrestleback to Springfield's Lanphier's Matt Moore to fall out of contention.

"Things didn't work out for him," Garland said. "It's not something I didn't try. He

wrestled as hard as he could and made some mistakes, but the mistakes cost him a lot of points. You can't do that at this level. You can't do that to make mistakes. Fortunately, he has another shot at getting a state medal as a senior at

Granite City, he can still lead this team to the dual-team state championship."

Paul Johnson (125 pounds) had his senior season run to state cut off. Johnson dropped his second-round match to Bettendorf's Bill Dimsar.

"I'm sure Paulie is disappointed," Garland said. "Getting beat by a kid you pinned twice shouldn't happen. I think he had a good shot. He was overlooking that kid and looking at (eventual champ) Tom Johnson from Chatham Glenwood."

Garland said, "He has another shot at the dual-team tournament. He's got a crack at two of the senior kids who placed in his weight class, Johnson and Murphysboro's Matt Baskin. So maybe he can get a little fired up and get some redemption by beating those guys. Hopefully that's what

he feels."

"We need guys like Paulie Johnson, and Lofink, and Dennis Davis and Worthen. We need all those guys for the dual-team tournament. Those guys are going to do one of two things: they are either going to disappoint their team and themselves and the coaching staff, or they are going to rally and get fired up for that team to a dual-team title. We have a pretty good draw up there. We feel we can win if we get up there, but we need everybody to work together, work together, which I think they can do. But it's going to be up to those kids who are willing to do that or not."

For those who made it through the individual sectional tournament, there is still a long way to go.

"This is just a stepping

stone," Garland said. "They can be happy, but by tomorrow, they have to be thinking about the state tournament. We just tell them that they have to be tough competitors, but all the matches are going to be tough up there. But we tell them don't be afraid of that. Respect your opponent, but don't fear him."

We better concentrate. Concentrate on what you have to do up there. Number one, you have to get that first taken down within the first 20 seconds. For two, you have to get to your feet when you are underneath. That's a 5-0 lead, you're up 5-0 in any match you aren't going to lose."

For both the winners and losers among the Warriors tribe, the evidence of their brutal regular season schedule

was apparent in the way they carried themselves.

"I think you saw that, definitely, and I think it really peaked in the last round, with the last match," Garland said. "And even with Tommy, who got beat. You just saw that our kids were used to that situation, from

Morton, Springfield, Genesee, the super-dual against Providence, Mahomet Seymour and New Lyons. You just saw it in our kids eyes that they,

I've been through this, now I'm just going to concentrate on wrestling. I don't have to worry about being involved with the duals. I'm not that intense, I'm familiar with that intensity, this pressure. Now all I have to do is worry about wrestling. You saw the results of that here today."

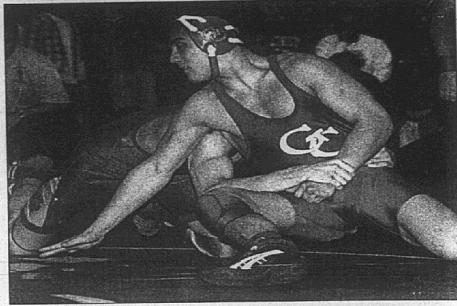
Captains live up to big expectations

feet and quick hands to do well in this tournament and at state. It's like hunting. It's hard to hit a moving target. As long as you keep moving, you are going to be hard to take down."

Of all the quality wrestlers on the Warriors squad, it is Kirgan, Narvaez and Venne who are most expected to make it to state and challenge for the crown. They don't plan to disappoint.

"There's not much more I can do just try and keep it up," Narvaez said. "It's more mental now. I can't really do much more physically."

"This has nothing to do with state at all," Kirgan said. "In the dual, in the match I have to win to become state champion. That's all it comes down to. Maybe it will help me out in the long run, who knows."



Tim Stephenson photo
George Kirgan beat O'Fallon's Jason Dowdy 13-5 in the third-place final to move on to state.

Sectionals saw many casualties for Granite City grapplers

Continued from Page 1B

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Venice graduate becomes first player for Swarm

Claggett returns home for stint with International Basketball League expansion franchise

By Alan Gerdes
Staff writer

Erwin Claggett has never lost his love for basketball since his days at Saint Louis University, but he should have a little extra zip for the 1999-2000 season.

After playing the past four seasons in professional leagues or touring with various teams, Claggett will return home next season to play for the St. Louis Swarm, the International Basketball League expansion franchise that will play in the 11,200-seat St. Charles County Family Arena in St. Charles.

"I am ecstatic," said Claggett, a 1991 Venice High graduate who played for SLU from the 1991-92 through 1994-95 seasons. "It's not the ultimate goal, which is the NBA, but it's pretty close. Growing up I never dreamed that I would have a chance to play pro ball this close to home. It's just a dream come true."

Claggett signed with the Swarm in 1992 as its first player. The St. Louis Swarm—which is now the nickname for the team—Bullkings—also unveiled its logo and introduced former New Jersey Nets coach Butch Beard as its head coach.



"Erwin Claggett is an ideal first player for this team," Swarm President Michael Mannion said. "He is a proven professional player who is well-known to area fans. Erwin's signing is consistent with the commitment the Swarm has to attracting the best local talent."

Claggett returned to the area last month after being signed by the Swarm to play for Marathon Oil, which played exhibition games against college teams last fall before touring Europe to play against professional teams.

After leaving SLU—where Claggett was a three-time all-Great Midwest Conference player—he left the Billikens to the NCAA Tournament. He appears his junior and senior seasons—Claggett played professionally in Israel during the 1995-96 season and then signed with the NBA Action the following season. Claggett averaged 24 points

for the Erwin Wildcats in the Cypress professional league in 1997-98 before playing with Marathon Oil this past season.

"Playing in Europe, you have a lot of stuff to deal with: Loneliness, and then you have to perform every night," said Claggett, who now lives in Denver with his wife, Trina, and 3-year-old daughter, Anna.

"Playing at home will be nice—to have my mom, my wife and my daughter there, and then to be able to come home after a game."

Claggett is also excited about playing for Beard, who was the Nets' head coach for two seasons (1994-95 and 1995-96) and also was an NBA assistant with the Nets, New York Knicks and Dallas Mavericks.

Beard was an All-American at the University of Louisville in 1969 and also played nine years in the NBA, including the 1974-75 season with the NBA champion Golden State Warriors.

"He will also help us attract better players because of his contacts with the NBA," said Mannion, noting that the IBL can be a springboard for players such as Claggett to the NBA.

Beard has always been a believer in an up-tempo game and a defensive system, and Mannion compares his coaching style to Boston Celtics coach Rick Pitino, the former Kentucky coach.

That style will suit Claggett just fine.

The 6-foot-2, 205-pound Claggett has had added about 15 pounds of muscle since his playing days at SLU and is working out with a personal trainer to get ready for the first season in the IBL, which will likely have 10 or possibly 12 teams for its inaugural 1999-2000 season.

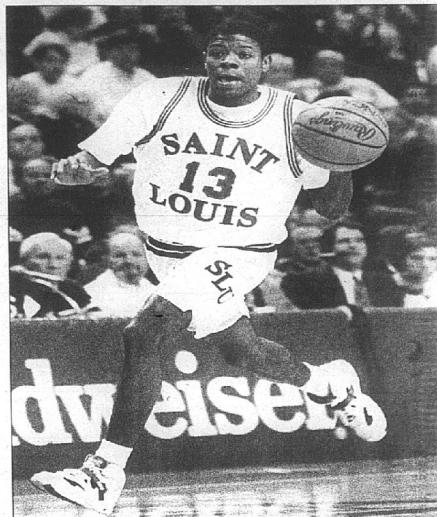
While Claggett was a star at SLU—he's the school's second all-time leading scorer (1,910 points) behind Anthony Bonner (1,972)—he says area fans are in for a much-improved player next season.

"When I was at SLU, I was known as a shooter," said Claggett, who has played mostly point guard in his professional career. "But now people are going to see a whole different side of Erwin. I've still got the shooting touch, but I can go to the (baseline) more, pass the ball better. They're going to see a whole new side of me."

"Everybody we talked to says the basketball game has improved tremendously since (playing at SLU)," Mannion said. "He's a better ballhandler, a better defensive player, a better all-around player."

Claggett—the first of two regional picks the Swarm plans to sign before the IBL draft July 19—says he can't wait for the season opener Nov. 26.

"I should be ready to give coach Beard everything he wants," Claggett said.



Saint Louis University great Erwin Claggett will return to the area after playing the past four seasons in European professional leagues and touring with various teams.

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Kahoks win on Tessary's last-second shot

By Brian Brotsch
Staff writer

Collinsville seems to have a flare for the dramatic season at Vergil Fletcher Gymnasium.

The last four home contests for the Kahoks have been

decided by last-second shots and Collinsville has won three of the four games.

The Cardiac Kahoks did it again Saturday night against the Quincy Blue Devils. Terry Tessary's last-second shot gave Collinsville a 66-64 come-from-behind victory.

Quincy (14-6) had led by 14 points heading into the fourth quarter.

But the Kahoks, 13-9 with their sixth win in seven games, rallied in the fourth quarter and won on the final shot of the game for the third time this season.

Tessary had also hit a game-winner against Jefferson City but missed a 3-pointer to sink Edwardsville.

Edwardsville (10-10) had past East St. Louis on Jan. 29 with a last-second free throw.

"They should feel they can come back," Collinsville coach Eric S. Sall said of his players, "because we have done it against some pretty good teams. Quincy came in having won seven in a row. They beat Rock Island, they beat the No. 10 team in the state. They beat (Rock Island) by 14. They have been playing very well, and they played well tonight."

"Naturally, you never want to lose, but sitting on the bench and watching the game, it was a real good high school basketball game. Both teams went at each other pretty good."

Tessary jump-started the Kahoks' fourth-quarter surge. He drained a 3-pointer and junior guard cut the lead to nine at 48-39.

"The biggest thing was we got down by 11 in the third quarter, but we didn't quit," Bone said. "We just kept plugging away, chipping away and we got it into overtime."

With the lead down to nine, Collinsville's Steve Dougherty

stole the ball on the Blue Devils' ensuing possession and made a layup to bring the Kahoks within 48-41.

Quincy coach Loren Wallace called a timeout two minutes into the fourth quarter.

Quincy's following play allowed Mike Carpenter to the free-throw line but he missed the one-and-one.

Collinsville's Shaun Moore was fouled on the ensuing possession and hit both free throws, trimming the margin to 48-43.

After a Quincy miss, Dougherty was fouled. He made both of his shots and the Kahoks won 48-45.

Both teams exchanged free throws over the next 2½ minutes as Quincy clung to a 54-51 lead.

After a Collinsville's Cory Wilson drew an offensive charging foul against J.D. Summers with 1:42 remaining in the game, Tessary was free on the other end. He made one free throw to the lead to 54-52.

Quincy's Kristian Makke sank two free to make the score 55-52 with 1:13 left. But Quincy did not score again until overtime.

Meanwhile, Tessary scored with 55.5 seconds remaining, and the Kahoks held the game with a jumper.

Quincy held the ball the final 50 seconds but did not get a shot off.

Tyler Tomlinson gave the Blue Devils a 60-58 lead in overtime with two free throws. Tessary put the Kahoks ahead 61-60 led with a 3-pointer.

With the Kahoks leading a 64-63 lead and 18.2 seconds remaining, Tessary was fouled. But he missed both shots.

Quincy again held the ball for a late shot. Summers missed the 3-pointer, but Makke snared the rebound and was fouled by Sherron, who picked up his fifth foul and had to leave the game. Makke missed the first free throw but sank the second to tie the score at 64-64.

The Kahoks found the winning margin when Tessary drove to the basket and shot over the 6-foot-10 Makke.

"I thought we might have been in a little trouble when T.A. (Tessary) missed the two free throws because that gave them a chance, if they score to tie it," Bone said. "Then Chris fouled out, I got our guys together and told them what we were going to do. If we were tied on the road we'd be down, we knew what play we were going to run. Rather than let them get their defense set, I thought we would be better off in a scramble situation and T.A. got it to go down. If the ball goes in, we are happy. If it doesn't, then we are still playing."

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Sports

MVCHA hockey results/schedules

Schedules for local teams in the Mississippi Valley Club Hockey Association. Rinks listed below in parentheses are: FH — the U.S. Ice Sports Complex in Fairview Heights; EA — East Alton; GC — Granite City; CA — Cahokia.

ALTHOFF CRUSADERS
Overall record (13-6-2)

November	
15 vs. Belleville East (FH)	W 7-2
16 vs. Alton (FH)	L 0-2
22 vs. Roxana (EA)	W 10-3
29 vs. O'Fallon (FH)	L 2-3

December

December	
5 vs. Belleville West (FH)	W 2-0
6 vs. Roxana (EA)	L 1-0
13 vs. Collinsville (CA)	W 5-4
14 vs. Cahokia (FH)	W 4-1
22 vs. Edwards (FH)	L 1-0
23 vs. Granite City (CA)	L 1-3
26 vs. Belleville East (FH)	W 3-1

January

January	
3 vs. Collinsville (FH)	L 1-5
7 vs. Edwards (EA)	W 3-1
12 vs. Alton (FH)	L 2-1
17 vs. Granite Marquette (EA)	L 0-1
23 vs. Alton (FH)	W 5-2
24 vs. O'Fallon (FH)	L 1-7
30 vs. Granite City (FH)	L 2-3

February

February	
3 vs. Alton (FH)	L 1-5
9 vs. Roxana (EA)	W 4-0
10 vs. O'Fallon (FH)	L 1-1
12 vs. Granite City (FH)	L 1-2
18 vs. Granite Marquette (FH)	W 4-1
23 vs. Civic Memorial (EA)	W 4-1
24 vs. Granite City (CA)	L 1-4
30 vs. Cahokia (CA)	W 4-1

March

March	
14 vs. O'Fallon (FH)	L 3-7
18 vs. Alton (FH)	L 2-7
21 vs. Granite City (CA)	L 1-4
26 vs. Civic Memorial (FH)	W 4-3
29 vs. Alton Marquette (EA)	W 3-1

April

April	
5 vs. Collinsville (FH)	W 6-3
13 vs. Granite City (CA)	W 5-4
19 vs. O'Fallon (FH)	L 2-8
20 vs. Belleville West (FH)	L 1-4
21 vs. Granite City (FH)	W 5-2
23 vs. Granite City (CA)	L 1-4
27 vs. Alton (FH)	L 1-3

May

May	
1 vs. Collinsville (FH)	L 1-6
7 vs. Edwards (EA)	7:30 p.m.
11 vs. Roxana (EA)	7:15 p.m.

December

December	
5 vs. Collinsville (FH)	W 6-3
13 vs. Granite City (CA)	W 5-4
19 vs. O'Fallon (FH)	L 2-8
20 vs. Belleville West (FH)	L 1-4
21 vs. Granite City (FH)	W 5-2
23 vs. Granite City (CA)	L 1-4
27 vs. Alton (FH)	L 1-3

January

January	
2 vs. Collinsville (FH)	L 2-5
6 vs. Civic Memorial (EA)	W 5-3
13 vs. Granite City (GC)	L 4-4
19 vs. O'Fallon (FH)	W 5-2
23 vs. Edwards (CA)	L 2-2
30 vs. Alton (CA)	L 1-4

February

February	
1 vs. Collinsville (FH)	L 1-6
7 vs. Edwards (EA)	7:30 p.m.
11 vs. Roxana (EA)	7:15 p.m.

December

December	
5 vs. Collinsville (FH)	W 6-3
13 vs. Granite City (CA)	W 5-4
19 vs. O'Fallon (FH)	L 2-8
20 vs. Belleville West (FH)	L 1-4
21 vs. Granite City (FH)	W 5-2
23 vs. Granite City (CA)	L 1-4
27 vs. Alton (FH)	L 1-3

January

January	
2 vs. Collinsville (FH)	L 2-5
6 vs. Civic Memorial (EA)	W 5-3
13 vs. Granite City (GC)	L 4-4
19 vs. O'Fallon (FH)	W 5-2
23 vs. Edwards (CA)	L 2-2
30 vs. Alton (CA)	L 1-4

February

February	
1 vs. Collinsville (FH)	L 1-6
7 vs. Edwards (EA)	7:30 p.m.
11 vs. Roxana (EA)	7:15 p.m.

December

December	
5 vs. Collinsville (FH)	W 6-3
13 vs. Granite City (CA)	W 5-4
19 vs. O'Fallon (FH)	L 2-8
20 vs. Belleville West (FH)	L 1-4
21 vs. Granite City (FH)	W 5-2
23 vs. Granite City (CA)	L 1-4
27 vs. Alton (FH)	L 1-3

January

January	
2 vs. Collinsville (FH)	L 2-5
6 vs. Civic Memorial (EA)	W 5-3
13 vs. Granite City (GC)	L 4-4
19 vs. O'Fallon (FH)	W 5-2
23 vs. Edwards (CA)	L 2-2
30 vs. Alton (CA)	L 1-4

February

February	
1 vs. Collinsville (FH)	L 1-6
7 vs. Edwards (EA)	7:30 p.m.
11 vs. Roxana (EA)	7:15 p.m.

December

December	
5 vs. Collinsville (FH)	W 6-3
13 vs. Granite City (CA)	W 5-4
19 vs. O'Fallon (FH)	L 2-8
20 vs. Belleville West (FH)	L 1-4
21 vs. Granite City (FH)	W 5-2
23 vs. Granite City (CA)	L 1-4
27 vs. Alton (FH)	L 1-3

January

January	
2 vs. Collinsville (FH)	L 2-5
6 vs. Civic Memorial (EA)	W 5-3
13 vs. Granite City (GC)	L 4-4
19 vs. O'Fallon (FH)	W 5-2
23 vs. Edwards (CA)	L 2-2
30 vs. Alton (CA)	L 1-4

February

February	
1 vs. Collinsville (FH)	L 1-6
7 vs. Edwards (EA)	7:30 p.m.
11 vs. Roxana (EA)	7:15 p.m.

BELLEVILLE WEST MAROONS
Overall record (11-9-1)

November	
17 vs. Cahokia (FH)	T 4-4
22 vs. Collinsville (FH)	L 0-3
23 vs. Granite City (CA)	W 4-0
29 vs. Civic Memorial (EA)	W 3-1

December	
5 vs. Alton (FH)	L 0-2
12 vs. Edwardsville (EA)	W 3-0
13 vs. Alton (EA)	W 4-1
19 vs. Alton (FH)	L 0-1
24 vs. O'Fallon (FH)	W 6-5

January	
3 vs. Belleville West (FH)	W 5-1
6 vs. Granite City (GC)	W 4-4
12 vs. Alton (EA)	W 4-1
17 vs. Alton Marquette (EA)	W 2-1
23 vs. Alton (FH)	W 4-1

February	
1 vs. Alton Marquette (EA)	L 3-8
7 vs. O'Fallon (FH)	W 3-2
13 vs. Granite Marquette (EA)	W 5-0
20 vs. Granite City (FH)	W 4-3
26 vs. Roxana (EA)	W 6-3

March	
12 vs. Alton Marquette (EA)	L 3-8
17 vs. O'Fallon (FH)	W 3-2
23 vs. Granite Marquette (EA)	W 5-0
30 vs. Roxana (EA)	W 6-3

April	
7 vs. Edwards (EA)	7:30 p.m.
13 vs. Alton (EA)	8:45 p.m.

December	
5 vs. Collinsville (FH)	W 6-3
13 vs. Granite City (CA)	W 5-4
19 vs. O'Fallon (FH)	L 2-8
20 vs. Belleville West (FH)	L 1-4



Ballyhoo at the Rep

Contributed photo

The Last Night of Ballyhoo, written by Alfred Uhry, the Pulitzer Prize-winning author of Driving Miss Daisy, is currently running on the Mainstage of The Repertory Theatre of St. Louis through March 12. The play stars Debbie Lawrence, left, and Sherry Shuker and concerns the trials and tribulations of an Atlanta family during Ballyhoo, the highlight of the Atlanta social season. For information or tickets, call The Rep at (314) 968-4925. Tickets can also be purchased at all Metrolix locations or charged by calling (314) 534-1111.

HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN



HIT-N-RUN FOOD STORE

Ad Good Feb. 16 thru Feb. 22

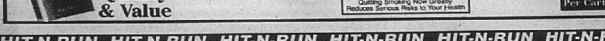
Why Walk When You Can Roll!

We Accept Link Cards & Manufacturers Coupons

We Reserve the Right to Limit All Sale Items



27th Anniversary Sweetheart Deal
HUMDINGERS
Buy 4 & Get 1 FREE 
Register To Win A Years Supply of
Humdingers 365 32oz. Drinks



HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN

Horoscope

WEDNESDAY, FEB. 17
The moon is now in Aquarius, lending a fresh take on relationships. It is easier now to strike a fair balance between concern and aloofness. If you can set the tone today, new attitudes and habits will be observed with respect. It is amazing to discover that you can slip gracefully into a new lifestyle by simply changing your mind!

TODAY'S BIRTHDAY (Feb. 17) New beginnings in the realm of love and romance start the accomplishment of a major goal. A detailed understanding of your job's inner workings put you in the lead and command a great deal of respect and admiration. A lucky streak might tempt you to take risks in July, but play it safe until the last week. A serendipitous meeting leads to love in August.

ARIES (March 21-April 19). Re-create your image, and you become increasingly attractive to romance hopefuls. You learn about new financial prospects in a purely social atmosphere; say yes to offers. A relative grants you access to the money you need.

TAURUS (April 20-May 20). New influences will change your status on the job, so start looking around for opportunities and people who work harder than you do. Some goals that have been on the back burner are finally accomplished.

GEMINI (May 21-June 21). What you'd like to do is not so important as who you might have been there before. It is wrong to assume people are emotionally mature. This after-

noon, it becomes clear, sooner or later, requiring petting.

CANCER (June 22-July 22). You gain admirers with your natural wit in a sticky situation. Career success involves a current application of old knowledge. Leisure activities change your attitude about love and romance.

LEO (July 23-Aug. 22). Rigorous training finally pays off. Engage an employer in an activity that brings leadership to the table. You find a source of humor and strength now. Setting the mood is the key to a blissful romantic encounter this evening.

LIBRA (Sept. 23-Oct. 22). Romance is highlighted with a surprise this afternoon. Skipping the small talk could be detrimental to a business deal. The mood in the home is maintained with the even distribution of labor. Plan now for forthcoming reunions.

SCORPIO (Oct. 23-Nov. 21). Your sparkling personality opens romantic doors this afternoon. Make plans with friends you haven't seen lately. A business opportunity presents itself when you update your contact list. A lucky call comes this evening.

SAGITTARIUS (Nov. 22-Dec. 21). Work calls for a wise strategic move. Tackle the financial situation tomorrow. The office pays for an excursion. Good luck follows when you approach correspondence in a cyclical manner.

CAPRICORN (Dec. 22-Jan. 19). Let go of old injuries where a lover is concerned, and move on to the next level of commitment. An honest discussion of feelings between friends has a healing effect. Sagittarius is a resource of wealth and experience.

ARIES (Jan. 20-Feb. 18). Dangerous ideas gain favor. Feuding lovers reconcile in the afternoon. Erroneous accusations are finally cleared up when you are able to persuade a sibling to come forward. A spending spree is well deserved.

PISCES (Feb. 19-March 20). You switch a love interest without much effort. Unleash your creative side during friendly banter. When you confide in a co-worker about a dilemma, a new level of trust is established. A child distracts you temporarily.

involved. Make an assertive effort in the love game.

SCORPIO (Oct. 24-Nov. 21). Your sparkling personality opens romantic doors this afternoon. Make plans with friends you haven't seen lately. A business opportunity presents itself when you update your contact list. A lucky call comes this evening.

SAGITTARIUS (Nov. 22-Dec. 21). Work calls for a wise strategic move. Tackle the financial situation tomorrow. The office pays for an excursion. Good luck follows when you approach correspondence in a cyclical manner.

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PISCES (Feb. 19-March 20). You switch a love interest without much effort. Unleash your creative side during friendly banter. When you confide in a co-worker about a dilemma, a new level of trust is established. A child distracts you temporarily.

Movie Schedule

Payback (D) 4:40, 7:10
She's All That (PG-13) 4:00, 6:45
Message in a Bottle (PG-13) 4:10, 7:20
Blast From the Past (PG-13) 4:20, 6:55
Shakespeare in Love (R) 4:10, 7:30

CARMICHE PETITE
EDWARDSVILLE CINEMA
Edwardsville, Ill., 62027, Collinsville, Ill.
Payback (R) 7:20, 9:35
Blast From the Past (PG-13) 7:05, 9:25
My Favorite Martian (PG) 7:10, 9:20
Stepmom (PG-13) 7:00, 9:30

COTTONWOOD
EDWARDSVILLE CINEMA
Edwardsville, Ill., 62027, Collinsville, Ill.

A Bug's Life (G) 7:00
Blast From the Past (PG-13) 7:05, 9:25
Jack Frost (PG) 6:45

LINCOLN THEATER
103 E. Main, Belleville, Ill., 62226-0123
The Rugrats Movie (G) 7:10, 9:00
The Waterboy (PG-13) 7:15, 9:15

EARLSTAD CINE
103 E. Main, Belleville, Ill., 62226-0123
The Rugrats Movie (G) 7:10, 9:00
The Waterboy (PG-13) 7:15, 9:15

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ELSTAD CINE

Holy Family School announces latest honor roll

The following students at Holy Family School in Granite City earned academic honors during the second quarter of the 1998-99 school year.

High Honors

Eighth Grade: Eric Brewer, Brittany Bulova, Jessica Cavins, Jonathan Cavins, Adam Cochran, Jonathan Costello, Matthew Gattung, Jason Goyer, Emily Hayes, Chris Hinds, Libby Kelley, Melissa Koish, Jonathan Kozak, Brittany Kult, Andy Marti, Adam McElroy, Jaime Prazena, Luke Shipley, Jennifer VonNida, Sarah Whitecotton. Seventh Grade: Brian Bulova,

Matt Carmody, Vince Eckhard, Calin Foster, Megan Gatung, Jessica Hicks, Bridget Hopkins, Catie Jansen, Erin Marter, Erin Marzill, Eric McCall, Sue Przygoda, Chris Reed, Ben Reyes, Jamie Rotter, Erin Sabol, Sarah Saccutro, Kaitlyn Schmid, Andy Unfried-Sigita, Jason Vaudrey, Jeremy Werner.

Sixth Grade: Emily Amberger, Jenna Benz, Jeremy Bledsoe, Anne Bosslet, Erica Cook, Bridget Curtin, Emily Gavishky, Melissa Geer, Anna Harrington, Shanae Hatter.

Tom Hickman, Courtney Jerden, Sara Lapuson, Kyle Mann, Amanda Marti, Alicia

Morelan, Ben Motil, Monica Ozanich, Jessica Palmer, Andrea Patton.

Michael Pernackamp,

Brianna Reiter, Emily Reutelsch, Maggie Ronk,

Jennifer Schooley, Hilary Slover, Jamie Tucker.

Fifth Grade: Sara Brewer, Brianna Brown, Carly Brown, Matt Bulva, Emily Burns, Anna Carney, Rachel Coulter, Nick Crouch, Robert Kelly, Nicholas Lane,

Kate Lang, Casey Lord,

Kathy Mares, Katie Nesbit,

Beth Shiple, Christine Stegall.

Fourth Grade: Evan Angel, Matthew Armstrong, Katie Bagl, Kelly Benz, Summer Consiglio, Megan Curtin,

Stephanie Dohnal, Hannah Foster, Daniel Fowler, Sean Halbrook,

Michael Koishar, Gregory Motil, Joshua Noud, Michael Pedigo, Matthew Reeves.

Honor Roll

Eight Grade: Nicholas Patterson, Crystal Stokes.

Seventh Grade: Dana Stegall.

Sixth Grade: Aaron Schnieg

Fifth Grade: Donita Bailey,

Monica Gavishky, Patrick

Patterson, Ashley Koenig, Vince

Martinez, David Nowicki,

Tyrene Treadaway.

Fourth Grade: Monique

Matos, Joey Ozanich, Emily

Provashnik, Adam Tinervia.

SIUE gets green light for third residence hall

By Sanford J. Schmidt
Staff writer

The Southern Illinois University Board of Trustees has voted to go forward with a third, 500-bed residence hall on the Edwardsville campus.

The board approved a plan Thursday to issue \$28 million in bonds to be used to build the dorm and refurbish the dining hall at Morris University Center.

The dining hall will be expanded and the building will get a new roof and other

maintenance.

The 120,000-square-foot dorm is expected to cost \$21 million. The Morris Center work will cost an additional \$21 million.

With addition of the new hall in 2½ years, the number of students living on campus is expected to be more than 2,700 by 2002.

Southern Illinois University-Edwardsville Chancellor David Werner said the project will reinforce the trend toward enrolling students from outside Madison and St. Clair counties.

He said the university has recruited students from small communities in Illinois east of SIUE. Most of the students in the first two dorms to open on campus have been from those communities, Werner said.

"I think this is one more step in our expansion and creating a new type of university, as opposed to a strictly commuter campus," Werner said. "This is obviously a real milestone in that transition."

Board members cited the continued high demand for

more single-student housing at SIUE because of the university's new marketing approach.

Both Prairie and Woodland halls were full almost as soon as they opened.

Officials said the campus has added more of a traditional atmosphere of a residential campus with the opening of Prairie and Woodland halls in the past five years.

The new hall will be at Whiteside Road and Circle Drive.

Free-falling area gasoline prices may not be coming to end anytime soon

By Steve Whitworth
Staff writer

Area motorists are enjoying low gasoline prices this month without a hike in sight.

The most recent figures compiled by the AAA Auto Club of Missouri show that the average price for a gallon of self-service regular unleaded gas in St. Louis area was 85 cents on Feb. 2.

Despite higher gas taxes in Illinois than those in Missouri, area prices remain at about that same level.

A survey of area service stations shows prices for a gallon of the same type of gas Thursday ranged between \$3 and 89 cents per gallon.

"When there's a lot of demand, it usually pushes the prices down," said Suzanne Miller, a spokeswoman for Clark Refining & Marketing Inc. of St. Louis. "We also noted that the price of crude oil now is at an all-time low."

"The first and foremost thing that goes into pricing is supply and demand," Miller said.

"The second is customer choice. When the customer looks for a lower price, that keeps it competitive among local businesses."

Miller said she didn't know of a specific factor in the market right now that would be keeping gas prices low. She said production of gas at area refineries such as Clark's refinery in Hartford, could play a part.

"If there's a lot of inventory, that keeps the prices down," Miller said. "It's a supply thing. If they were to cut back

on production ... say, if a unit were shut down at the Hartford refinery, which serves the St. Louis area, you might see prices go up a little more."

The Hartford refinery currently is running at full capacity, producing 65,000 barrels of oil a day.

"We haven't cut any capacity," Miller said. "We have plenty of supply."

Bethalto Mayor Steve Bryant is president and CEO of Bryant Enterprises Inc., which owns three Amoco service

stations: Bethalto Amoco, C&F Amoco in Wood River and Bellefontaine Amoco in the St. Louis suburb of Bellefontaine Neighbors.

Bryant noted that crude oil has dropped to about \$13 a barrel.

"Apparently, there is a glut of oil out on the market," he said. "My understanding is that the OPEC nations are letting the oil go. In the past, I think they've tried to limit the amount of oil out there."

"Now, it's a wide-open market," Bryant operates as a

commission marketer. Amoco sets the price for the gas sold at his stations, then pays his company a commission for selling it.

"I've been in the business for 20 years," he said. "I went through the oil embargo and rationing. I've never really seen the bottom fall out in this capacity."

Gas prices were lower 20 years ago, but when inflation is taken into account, they now may be at their lowest-ever percentage of the average American's income.

Traveling cosmetologist helps those who need it

Resemay Louderback and her dog, Dusty, welcome a special visitor into their home every Wednesday afternoon.

That's when Deborah Money of Lafayette cuts and styles Louderback's hair and lifts her spirits.

"It's a godsend to have somebody come out and do this for me," Louderback said. "It makes you feel like a human being again."

Money, a licensed cosmetologist, graduated from the Lafayette Beauty Academy in 1972, has owned and operated her business called In Home Hair Care since 1995. She provides cosmetic hair services to elderly and disabled clients in their homes or hospitals rooms.

"I like a beauty shop on wheels. I just need a body," Money said. "My mother and grandmother live at Farlington Apartments and I did their hair and then I would go to other people on Saturdays."

"That's when Money decided to offer her hair care services full-time. She gave up her job at a hair salon after working 16 years at the Young Graduate House mail office."

Although she works around oxygen tanks, wheelchairs, IVs and hospital beds, Money says she can't sit her from shampooing, cutting, coloring and styling hair.

"I do bedridden people," she said. "I've literally crawled into bed with people to do their hair."

Money sometimes uses special equipment to work with her clients. A shoulder tray holds a chair for a client's hair while they sit in a wheelchair. She uses "dry" shampoo to wash a client's hair when they are bedridden.

"It's actually a liquid, but you put it in the hair" and towel

dry it until it takes all the oil out of the hair," Money said.

For Louderback, who used a walker after having her knee replaced, the appointment includes a shave, soap and styling as well as a boost for her self-image.

I feel like a new person. It makes me feel good,"

Louderback said. "It makes me feel presentable."

Louderback said Money brings more than haircuts and beauty to her home. As a friend and a familiar face, Money does more than style hair for her elderly bedridden clients.

"She always has a friend.

I don't like it when they change the person. I call her and it's always her,"

Louderback said.

"For many of the elderly and disabled, this is a connection to the community. That's what makes it so positive," Foresman said.

"The more limited they are, the harder it is on them. Any contact makes them feel as though they can be a part of things and live the lifestyle they were accustomed to,"

Money also visits nursing homes and hospitals. Every month she travels to Wabash Valley Hospital and cuts adult's and children's hair.

In addition, she has taken Money to Shadeland, Battle Ground and Brookston. Some farther destinations such as Romney carry an extra \$5 charge, for the most part.

Money's clients pay the same prices they would if they went

to the hair salon two years after starting the business, she now has almost 100 clients.

Despite a difficult start, Money said she is sticking with the business because she knows the demand is increasing.

I did a lot of crying the first year. It picks up sometimes then gets slow. When you get into a business it takes time to be successful. It's a lot of work," Money said. "I know it's going to be rough, but I'm not going to give up because I know the demand is growing."

Senior Center director Peg Dunkle said Tippencanoe County's elderly population is definitely on the rise.

People are living longer, and that's the good news,"

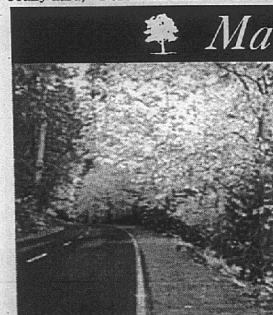
Dunkle said.

Dunkle said an estimated 4,000 people over 80 years old live in Tippencanoe County. Census projections indicate that by the year 2000 more than 25,000 people in Tippencanoe County will be 60 years or older.

"The things we take for granted, the things that are easy, when that changes, it's really hard," Foresman said.

"It's hard for us to realize how different it would be to start taking those things away and be more limited."

— Associated Press



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Elizabeth volunteer at Medical Center, arrived emergency room suffering from pain.

"They did work," Bright said. "I had a admitted me to the hospital." According to Bright, the volunteer at the hospital heard about her attack, at least as she continued some protection measures.

Heart Assoc. National Center for Statistics, and other diseases have women who since 1984.

With these wonders we

They came from such as Yale Hospital, V.A. Loyola. Their centers and foundations, social services, They came and North and Ohio, and between them, between schools, health progr...

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Women suffer more fatal heart attacks than men do

Elizabeth Briggs, 70, a volunteer at St. Elizabeth Medical Center in Granite City, arrived in the hospital's emergency room in late 1997 suffering from mild chest pain.

"They did an EKG and blood work," Briggs said. "They told me I had a heart attack and admitted me to intensive care."

It was the farthest thing from her mind. "I've always been healthy and I rarely heard about women having heart attacks," she said. "At least not as much as men," she continued. "And there is some protective benefit from female hormones, however, that went lost in post-menopausal women."

According to the American Heart Association and the National Center for Health Statistics, heart attack strike and other cardiovascular diseases have killed more women than men every year since 1984.

With these facts in mind, one wonders why more women are

not aware of the risks of heart disease.

"The problem comes from the fact that the incidence of significant heart disease is much higher in pre-menopausal women than in men," said St. Elizabeth cardiologist Dr. Thomas Martin.

"When it does occur, though, it is sometimes missed," he said. "Women are not looking for it. You don't expect to see it in young women unless there are risk factors such as high blood pressure, smoking, diabetes or high cholesterol."

Martin believes that mainstream medicine is aware of the fact that there has been much more research done on men. However, with the American Heart Association stating that nearly twice as many women in the United States die of cardiovascular disease as from all forms of cancer, women need to be aware of the risk factors.

Other risk factors include heredity, increasing age,

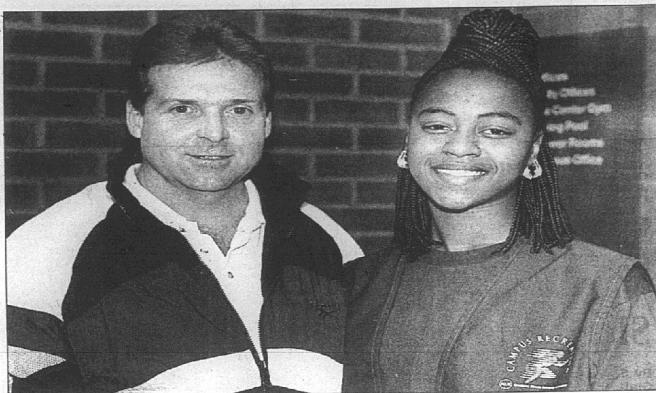
physical activity, obesity and stress.

"If you have any risk factors, you ought to be sure to get checked periodically," Martin said, at least every one to two years.

"Symptoms are more vague in pre-menopausal women," Martin continued. "Any time you have tightness or heaviness in the chest or shortness of breath that doesn't seem appropriate for the amount of exertion, or if you experience pain in the back, between the shoulder blades, sometimes just pain in the neck or jaw, you ought to get it checked out."

February is American Heart Month and medical facilities across the country are stressing cardiovascular health awareness.

St. Elizabeth Health Services offer blood pressure screenings every Monday from 1 to 2 p.m. in the Providence Wellness Center at 2103 Iowa in Granite City.



Contributed photo

SIUE honors Mosby

Crystal Mosby of Madison, right, was honored by the Southern Illinois University-Edwardsville Campus Recreation department as its Employee of the Month recently. Mosby was cited for her enthusiasm and dedication to the job. Honoring Mosby is SIUE Campus Recreation Director Larry Bennett, left.

St. Elizabeth's Medical Center mental health program earns high marks

They came from universities as Yale, UCLA, Johns Hopkins, Vanderbilt and Loyola.

They represented medical centers and national foundations, government agencies, school systems and social service agencies.

They came from California and North Carolina, Florida and Ohio, and from all over the country. They came to hear about school-based mental health programs that really

work.

What they heard was a presentation about St. Elizabeth Medical Center's School Consultation Services, one of only three programs in the country that serve all 423 participants at the Third National Conference on Advancing School-Based Mental Health Services. The fall conference was held in Virginia Beach, Va.

St. Elizabeth's presenter was Harriet Grazman, LCSW.

director for School Consultation Services, which serves the high schools and junior high schools of Granite City and Collinsville.

Grazman, a licensed clinical social worker and former elementary school teacher, created the program in 1986 in response to the needs she saw in the classroom.

"There are underserved in the area of mental health," she said, "but we have found a way to make

services more accessible. We're truly one of the pioneers in this field."

Grazman's conference presentation focused on why St. Elizabeth's program exists. No fees are charged. Insurance companies are not involved, so there is no need to label a child with a psychiatric diagnosis, which can bring stigma in the school.

Transportation or scheduling barriers are eliminated. Should a student have a crisis, the

program is immediately accessible.

Says Grazman, "Our therapists are seasoned veterans and not new apprentices who, because of their experience, can successfully relate to the kids and educators. They thrive in the unique environment of our schools."

Steve Balen, superintendent of schools for Granite City's District 9, praises the program's effectiveness.

"School consultation services also helps by sensitizing teachers to the needs of our students and suggesting new ways to work together with parents," he said. "It is most gratifying to see this program receive national recognition."

On a personal note, Grazman also gave the program high marks. "Congratulations on your incredible accomplishments," writes Olga Ascota, Ph.D., program director for the conference.

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Social Notes

ETA Alumnae

Twelve members attended the regular monthly meeting of the

ETA Alumnae Chapter, Phi Tau Omega Sorority, which was held on Feb. 3 at Charlie's Restaurant, Helen Hoelscher and Mille Jungels served as

hostesses.

Preceding lunch, a short meeting was held with president Ann McDowell presiding. Table decorations and prizes were in keeping with the Valentine's theme. The meeting occurred the afternoon following a buffet luncheon, with prizes awarded to the following: Betty Harris, Frances Hartman, Marguerite Fink, Elsie Rodell, Vicki Staubt and Mary Evayne Yencho.

Others attending were June Drew, Dorothy Johanningmeier, Ann McDowell and Mary Lou Tonick.

The next meeting will be held March 3 with hostesses Ann McDowell and Mary Evayne Yencho.

TRIO Unit

The regular meeting of the Trio Homemaking club was held at Hope Lutheran Church on Feb. 2.

The meeting was called to order by President Sarah Huber, who led the pledge to the American flag.

A delicious dessert luncheon was served by Pauline Nichols

and Emma Jakich. Louise Anderson and Betty Welsh Epperson gave the lesson for the month, which was "Are You Listening."

Sarah passed our handouts that we had been used for the January lesson, "Risk Factors for Violence." She gave a short rescue of the risk factors for violence, individual, family-risk factors, school-risk factors and community-risk factors.

Secretary Robert Cottrell read the call for 22 members present and one guest Marilyn Price. New member Mary Evayne Yencho was introduced to the group.

Wanda Pulaski collected the dues for 1999 from members present.

Sarah mentioned that anyone interested in attending the March meeting that she would demonstrate crafts appropriate to be used at Easter. A get-well card will be sent to Marilyn Lybarger, who is in St. Elizabeth Hospital.

There will be a slight charge for the salad and soup and dessert to be demonstrated and served at the March meeting.

Naomi Chapman conducted games with Vivian Forshee, Wilma Pulaski and Juanita McCarty winning prizes.

Illinois Omnicron

Preceding the regular meeting of the Illinois Omnicron Granite City chapter, Arlene Halderman served as hostess to the chapter at a soup and sandwich meeting.

President Imogene Forrest opened the meeting with an invitation to enter the Favorite Recipe Contest, which was sponsored by Beta Sigma Phi. Arlene Halderman reported on the Executive Board meeting held in December.

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News

Breast cancer survivors reach deep, keep on fighting the good fight

By Barbara Ponder
Staff writer

Virginia Gebhardt of St. Ann is more than just a survivor. She has faced breast cancer down five times since first being diagnosed in 1988.

The 52-year-old has been on chemotherapy since November, when it was discovered that the cancer has spread into a lung. During her medical problems, conversations with Gebhardt, 62, are peppered with laughter.

"I have a very up attitude," she said. "I know what's the alternative. The alternative is to be down and what's the point of that. If I get up and say 'Thank you God' for another day, and I'm up and I'm smiling, so, so many of my friends and family."

Statistics show that women have a one-in-eight risk of getting breast cancer in their lifetime.

Although Gebhardt had a family history of cancer, including breast cancer, 85 percent of women who get breast cancer have been diagnosed this year and 43,900 people to date.

"ACS officials said early

detection of the disease through self-examination, regular physical examinations and annual mammograms beginning at age 40 is important.

Gebhardt said she receives a lot of support from family, friends, ACS, and through her faith.

"When somebody tells you you have cancer, you'd be surprised how fast you find God," Gebhardt said. "Your knees hit the floor so fast. Cancer is something you can't do by yourself. It's too strong."

Losing your hair due to treatment also is a blow, she said. Fortunately, the ACS Look Good Feel Better program provides wigs to cancer patients.

Michelle Warren, an ACS patient services coordinator, fits the patients for wigs and provides information about other resources.

"To some women, the wigs are really important," Warren said. "It builds up their self-esteem. If they can get a wig that matches their hair color and length, it makes them very happy."

Breast cancer is the most common cancer among women but a small percentage of men are also diagnosed with the disease.

Most of the patients seeking wigs are women.

"Just recently we had a couple of calls from men looking for wigs," Warren said. "But we don't have a lot of luck with them because we don't get a lot of male wig donations."

The society received wigs from wig companies, such as Eva Gabor, and individuals, Warren said. Wigs from individuals are selected but the society asks that they be cleaned before being donated.

Licensed cosmetologists volunteer to cut and style the wigs and skin care tips.

"They show you how to work with makeup and how to moisturize the skin," Gebhardt said. "Once you're getting older, the skin becomes dehydrated. Everything for us has to be alcohol-free."

The cancer society provides a variety of programs and services, including camps, lodging for out-of-towners undergoing treatment, and nutritional products.

"There's always somebody there if you want to talk or cry," said Gebhardt, who has been a volunteer speaker on breast cancer awareness for four years.

For more information about the American Cancer Society programs, call (800) 286-8100 or visit their website at www.cancer.org.

Foundation's website: www.bacollege.org/foundation.

"We have scholarships based on academic program, hometowns, new high school graduates and returning adults," said Michele Burger, Foundation scholarship coordinator.

Scholarships are for district residents attending classes at Belleville Area College. There are over a few scholarships for students graduating from the college and transferring to

a four-year institution.

Applications are available from the Foundation office, at 235-2700, or toll-free (800) BAC-5131, ext. 5546 or 5215.

The deadline to apply is 4 p.m. March 26. Awards will be made by April 1.

For more information call the Foundation office at 235-2700, or toll-free (800) BAC-5131, ext. 5546 or 5215.

BAC Foundation offers 140 scholarships

Worried about college costs? Don't let your education slip away — discover the 140 privately funded scholarships available through the Belleville Area College's Foundation.

Scholarship awards range from \$100 to \$1,500 per year.

Area residents and business people recently added eight new scholarships for the next academic year, increasing the award pool to more than \$144,000.

Information is immediately available from the

Foundation's website: www.bacollege.org/foundation.

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Today's Food

Wise Ways
Chocolate supports cherries

See Page 2

Food & Nutrition

Heart-y Bites

Beans offer good odds on bet for improving health. INSIDE

Blue Ribbon Cook

Winning sandwich has many. It is made with cream cheese, hard-cooked eggs and asparagus, then broiled with a hint of parmesan cheese on the edges. INSIDE

Test Run

No longer on the dance circuit, raisins are coated with flavors that still provide a chewy snack or ingredient. INSIDE

Micro Raves

As the world turns, microwave cooking still offers a quick, healthy way to cook. INSIDE

Lively Taste

To become acquainted with the flavor of a new herb, try the sniff-and-taste method. Buy as little of the herb as possible and sprinkle a little of it into the room. Rub it with your fingers to release its aroma and take a deep whiff. Once the aroma becomes familiar, taste a pinch of the herb, rolling it around all areas of the tongue and palate. Another way to try it is to mix it with a fat, such as butter or oil, add a little parmesan cheese and spread it on bread or plain crackers. When cooking with herbs, add them toward the end so they hold flavor. In general, add them to cold food before it is refrigerated so the flavor permeates.

Health & Fitness

Medicine Chest

New medication may help wake up those who nod off inappropriately. INSIDE

Fresh Picks

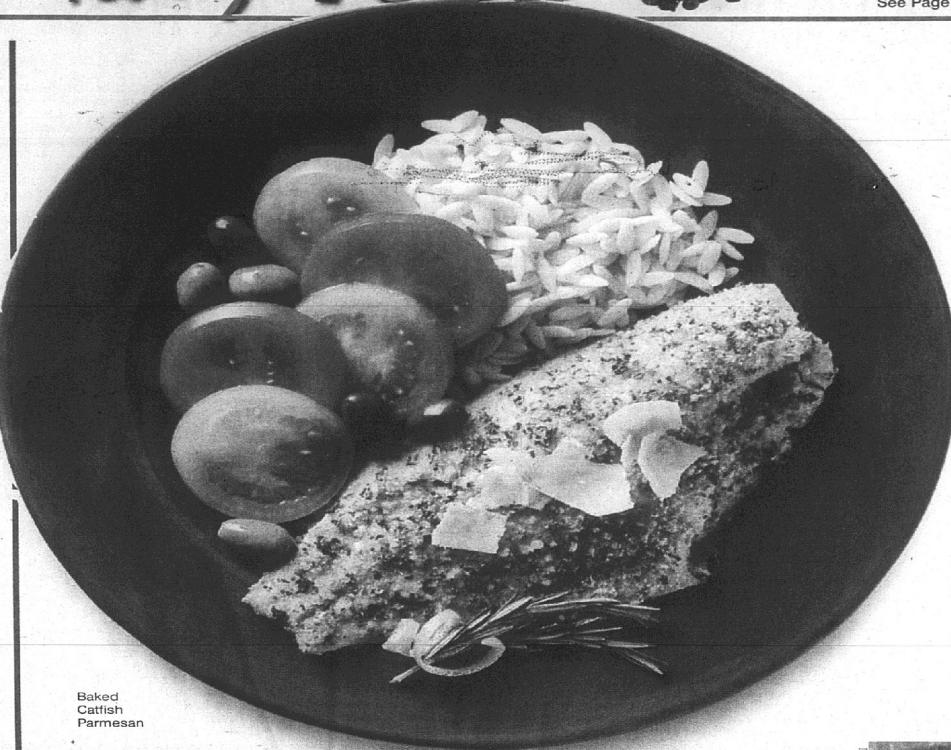
Strawberries can anchor a tasty breakfast topping. Make pancakes thin, as thin as crepes if desired. In blender, process 2 cups strawberry halves (about 1 1/2 pints) — another 1/2 pint will be needed — 1 cup apple juice, 1 tablespoon light pancake syrup and 1 teaspoon vanilla until smooth. Refrigerate. Spread 2 tablespoons nonfat ricotta cheese over each cooked pancake or crepe. Sprinkle 1 tablespoon chopped strawberries over each. Fold the pancake in half; if thin enough for crepes, fold again in half. Spoon strawberry sauce on top. Source: "Betty Crocker's New Choices Cookbook."

Big Fat Tip

For a fruity appetizer, peel and coarsely chop kiwifruit. Combine with 1 cup (8 oz.) of fresh cranberry sauce, 1/4 cup dried cranberries and 3/4 to 1 cup apricot preserves and a sprinkle of fresh or dried basil leaves. To make it zesty, add a splash of pepper sauce. Pour over a block of fat-free or light cream cheese. Spread on baked crackers.

Future Shop

Like with most things, women and men differ in their relationship with food. Studies at the University of Minnesota examine food cravings by tracking food from the time of the first bite to the time it is readily available to alleviate hunger. Women, on the other hand, more likely weigh food choices and crave foods at certain times. Women crave sweets more often than men do. The content of food, however, has been suggested as the reason, but so far they still prefer chocolate instead of leafy greens, cheddar cheese, pickled herring and salami, which also have high amino acid imbalances. This is where women move into the picture, because the way chocolate smells, tastes and feels in the mouth. Men, on the other hand, are more apt to "crave" pizza.



Baked
Catfish
Parmesan

Fish Frenzy

By Janice Denham
Staff writer

Three of the top fish on many home menus are salmon, catfish and shrimp. All are available year-round, often because they are raised on farms throughout the world.

Cooking seafood has simple rules. Buy it fresh and use it fresh within a couple days. It needs thorough cooking but should not be overcooked. Then enjoy it.

Cooks who act like landlubbers find it hard to imagine switching varieties as they please. An outdoor fish fry always calls for buffalo catfish and an appetizer always needs a layer of crabmeat.

Fish don't survive in old ruts and neither should a cook.

Serve economical catfish with an Italian twist or heat it up Cajun style. Salmon tends to be considered

See FISH Inside TODAY'S FOOD Page 2



Roasted Salmon with Walnut Tapenade

Pancake S'Mores

Make a batch of Totally Awesome Pancakes, with a few twists and a filling. In a bowl, stir together 2 cups baking mix (like Bisquick), 1-1/3 cups milk, 1 egg, 2 tablespoons sugar and, if desired, 1 teaspoon vanilla. To make each pancake, pour a scant 1/4 cup batter onto hot griddle or skillet greased with nonstick cooking spray, oil or shortening. Cook until bubbles on top of the pancakes break.

Sprinkle 1 teaspoon coarsely crushed graham cracker crumbs over each pancake. Turn over the pancakes. Cook other side. Remove from the pan.

Before pancakes cool, spread about

1 teaspoon marshmallow creme over crumbs.

Stack pancakes. Arrange

about 7 chocolate chips over the marshmallow creme.

Top each

stack with

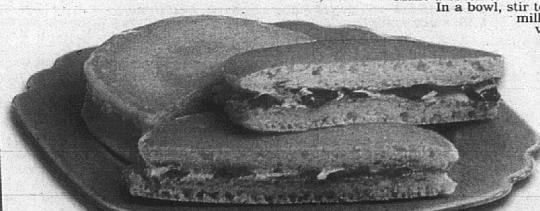
second pancake.

crumbs side down,

so filling warms and softens.

This makes 7 Pancake S'Mores.

Kid's
Cuisine



Today's Food

Subtle hues can have big impact



Colors can change a mood or extend the atmosphere of a home.

With the exception of interior designers and artists, most people do not realize the impact subtleties of color have on a home. Professionals know the skillful use of color can make all rooms in a house flow seamlessly from one to the next, or change the perception of a room's size.

A new, 96-page guidebook, "Choosing a Color Scheme," explains how light, pattern, texture and color affect each other and how they can be manipulated to achieve desired effects.

Fifteen topical chapters make it easy to give a professionally decorated look to a home at a fraction of decorative prices. Chapter topics include color schemes for the whole house, working with accent colors, color and proportion, and the effect of light on color.

For all who like to trade outlined and available, no one will know that behind a family's champagne tastes may lie a beer budget.

"Choosing a Color Scheme," No. FM30, at \$12.95 is priced to include postage, handling and delivery in three to four weeks. For rush delivery in seven to 10 days, add \$3.

To order by mail, clip this article and send it with a check or money order to: U-Bild Features, c/o Suburban Journals of Greater St. Louis, P.O. Box 2383, Van Nuys, Calif. 91409. To order by credit card, call toll-free 1-800-828-2453. U-Bild's web site is www.ubild.com.

Fish

Continued from page 1.

an upper-crust catch. It costs much less than it once did. One of its attributes is its pink color when it is cooked.

Many people like shrimp: the simpler, the better. Just steam it and serve it with a dip or drizzle with garlic-flavored butter or butter substitute.

The rule for cooking any type of solid fish is to cook it 10 minutes for every inch

of thickness. This isn't long. Overcooking makes it chewy and accents its fishy flavor.

Poach it in broth and wine, then add it to chowder or stew for a coastal touch. Serve it in fritters.

Try catfish in place of crabmeat in that dip, too. Poach 1 pound catfish fillets in 3 cups water by gently simmering the mixture, after it comes to a boil, 5 to 7 minutes. Flake the fish before it cools.

BAKED CATFISH PARMESAN

- 4 catfish fillets
- 2 eggs, beaten
- 1/2 cup milk
- 1 cup fresh bread crumbs
- 1 cup grated parmesan cheese
- 2 tsp. chopped garlic
- 1/4 cup chopped fresh parsley
- 2 tsp. oregano
- 1 tsp. salt
- 1 tsp. pepper

Preheat oven to 400 degrees. Grease baking sheet or coat with nonstick cooking spray.

Rinse fillets and pat dry.

Combine eggs and milk in shallow bowl. Combine bread crumbs, parmesan cheese, garlic, parsley, oregano, salt and pepper in second shallow bowl.

Dip fillets in egg mixture, then in bread crumb mixture. Coat fillets evenly and pat firmly. Arrange fish rounded-side up on prepared baking sheet.

If desired, cover and chill fillets 30 minutes before baking to set flavor.

Spray catfish lightly with nonstick cooking spray. Bake in preheated oven 15 minutes or until fish flakes easily when tested with fork.

Makes 4 servings.

Chocolate gets sweet cherry base

By Carol Schlitt
Correspondent

Cherries, a long-standing symbol of George Washington's honesty, has a delicious partner in chocolate. Can any combination that tastes this delicious actually have merit?

Chocolate fans are jubilant about recent research.

It shows chocolate contains the same type of phenols found in red wine. In other words, they are the same ones thought to help lower the risk of heart disease.

Researchers at the University of California at Davis found that a 1.5-ounce serving of dark chocolate contains nearly the same amount of phenols as a 5-ounce glass of red wine. When extracts of cocoa powder were placed in samples of human blood, it prevented the oxidation of low-density lipoproteins (LDLs), otherwise known as "bad" cholesterol.

While this is promising research, it should be noted it is one small study that looked at chocolate's effect on blood *in vitro*. It did not look at chocolate's effects on people.

The good news is it is OK to suspend a guilt trip every time you

indulge reasonably in chocolate. It definitely can be part of a balanced and varied diet. Chocolates eaten in moderation even may have some redeeming qualities.

Moderation is the key. Pairing cherries with chocolate is my—and possible George's—favorite way to eat them. This is a super-simple, dessert even kids can make.

Certified family and consumer

EASY CHOCOLATE CHERRY CAKE

- 1 box (2 layers) chocolate cake mix
- 1 can (21 oz.) cherry pie filling
- 1 tsp. vanilla
- 2 eggs

Preheat oven to 350 degrees. Coat 13-by-9-inch baking dish with nonstick cooking spray.

In large bowl, stir together dry cake mix, pie filling, vanilla and eggs until well blended.

Pour batter into prepared pan. Bake in preheated oven 25 to 30 minutes until toothpick inserted in center comes out clean.

Cool completely. Frost with Easy Chocolate Cherry Frosting.

scientist Carol Schlitt is nutrition and wellness educator with University of Illinois Extension at the Edwardsville Extension Center.

EASY CHOCOLATE CHERRY FROSTING

- 1 oz. unsweetened chocolate
- 2 tbsp. margarine
- 2 tbsp. maraschino cherry juice
- 1 tbsp. milk
- 2 cups confectioner's sugar
- 1/2 tsp. vanilla
- 12 maraschino cherries, drained, cut in small pieces

In small microwave-safe bowl, combine chocolate, margarine, juice and milk. Microwave on medium (50 percent) power or 3 to 4 minutes or warm over very low heat just until chocolate is soft (if microwaving, stir after half the time).

Stir in sugar, vanilla, salt and cherries, beating until smooth. Add drops of cherry juice, if necessary.

Makes 18 to 21 servings, about 180 calories, 5 g fat, 20 mg cholesterol and 210 mg sodium each with frosting.

Kitchen routine has come a long way

By Kathy Hanewinkel
Correspondent

When this weekly column began in 1984, I typed it on a typewriter, electric with no word processor—and mailed it with a stamp.

Now, all work is done on a computer and available, no one will know that behind a family's champagne tastes may lie a beer budget.

"Choosing a Color Scheme," No. FM30, at \$12.95 is priced to include postage, handling and delivery in three to four weeks. For rush delivery in seven to 10 days, add \$3.

Although both books are found in libraries, rather than from today's publishers, here are a couple of Scribner's recipes as handy today as they were 20 years ago.

Housewife's Art by Kathy Hanewinkel specializes in microwave cooking.

MICRO-RAVES

changed in communications a great deal, but the basic world of microwaving food has changed less.

Changes are reflected in all recipes, including those for the microwave.

They call for less salt, butter, margarine and oil. They use milk and bypass cream. They provide for egg-free egg products. Chicken, fish and other "white meat" recipes and other meatless dishes abound.

The microwave oven shouldn't be blamed for it,

but about the time it moved into the kitchen, family size shrank and a standard recipe was scaled down to serve four, rather than more. An attitude that smaller is just as good prevails.

Readers reflect concern for safe cooking today, so raw-egg mayonnaise and mousse have been replaced with products that serve better in quick cooking.

My oldest microwave cookbooks came with ovens I used. The first beyond those was "Let's Cook Microwave," a treasure from Barbara Harris, who helped the way people would cook today. Its quick and easy recipes used convenience ingredients available then.

Another book from the mid-'70s, "Quick and Easy Microwave Cookbook" by Ginger Scribner, reflects ingredients of the day with

long lists, but shortened preparation steps for the new appliance.

Although both books are found in libraries, rather than from today's publishers, here are a couple of Scribner's recipes as handy today as they were 20 years ago.

Housewife's Art by Kathy Hanewinkel specializes in microwave cooking.

but pepper. Cook on high power, covered, 9 to 10 minutes, stirring twice.

Sprinkle remaining 1/4 cup parmesan cheese on top. Cook, uncovered, 2 minutes longer.

ZUCCHINI ROMA

- 6 to 8 medium fresh zucchini
- Salt and pepper to taste
- 1 cup sour cream
- 1 cup (4 oz.) shredded cheddar cheese

Cut each zucchini lengthwise in half. Lay in spoke design on waxed paper. Cook 7 to 9 minutes on high power.

Place zucchini in single layer in flat dish. Season with salt and pepper. Cover with sour cream and sprinkle with cheese. Cook on high power 2 minutes longer.

SWISS SPINACH

- 2 pkg. (10 oz. each) frozen chopped spinach, thawed
- 3 eggs, beaten
- 2 cups cottage cheese
- 3/4 cup grated parmesan cheese
- Salt and pepper to taste

In 1-1/2-quart microwave-safe casserole, combine spinach, eggs, cottage cheese, 1/2 cup parmesan cheese and salt

32C, Belzoni, Miss. 39038.

For a free copy of "Fruit Fables," with fruit recipes and stories, call toll-free (800) 394-9333 or write to: Oregon Fruit Products Co., Department 598, P.O. Box 5283, Salem, Ore. 97304.

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"Fast, Faster, Fairest: Fabulous 5-10-15 Minute Meals," Walnut Marketing Board, 545 Sansome St., San Francisco, Calif. 94114.

GINGERED SHRIMP SKILLET

- 1 lb. large shrimp
- 1 tbsp. olive oil
- 1/3 cup chopped green onion (white part only)
- 1 clove garlic, finely minced
- 1/2 tsp. paprika
- 1/2 tsp. ground ginger
- 1 tbsp. lemon juice
- 2 tsp. white wine vinegar
- 2/3 cup reduced-sodium chicken bouillon
- 2 cups seedless grapes
- 1 tbsp. slivered crystallized ginger, if desired
- 3 tbsp. minced green onion tops
- 1 tbsp. minced parsley
- Lemon slices for garnish

Shell, devein and butterfly shrimp or leave whole, leaving tails on, if desired.

In large skillet over medium heat, heat and stir oil, onion (white part), garlic, paprika and ginger. Add shrimp. Cook shrimp, stirring constantly, until they turn pink.

Add lemon juice, wine vinegar, chicken bouillon and grapes. Heat to simmering.

Using slotted spoon, remove shrimp and grapes to heated serving platter. Add onion tops and parsley.

Adjust seasoning, if needed.

Pour onion mixture over shrimp and grapes. Garnish with lemon.

Makes 4 servings; 145 calories, 5 g fat, 11 g protein, 16 g carbohydrate, 120 mg sodium, 90 mg cholesterol and 1 g dietary fiber each.

New wak with

By Rebecca C. Correspondent

Everyone gets some points down the road. Most would like to know when that happens for the great news is that narcolepsy is so often that just a nap or a napless nap, when it is awake one day, is asleep the next.

MEDICINE CH

Americans are being affected. This may be higher narcolepsy is so often that just a nap or a napless nap, when it is awake one day, is asleep the next.

Imagine how it would be for someone to stay awake the whole time. One hour lecture about a meeting.

Narcoleptics sleep well at night. This may be a very complicated problem.

Those affected suffer muscle cramps, severe enough to cause collapse.

Often this is a strong emotion, laughing. Some feel paralyzed when they wake up.

Traditionally, people are treated with stimulant drugs to stay awake. Not natural and have significant side effects.

Those dancing have a

TEST RUN

of cinnamon and multi-flavored.

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Today's Food

Recipe

SPEEDY
PORK CASSOULET

1 tbsps. oil
2 medium onions, chopped
2 cloves garlic, crushed
1 lb. boneless pork loin, cut in 3/4 inch cubes
2 cans (15 oz. each) cannellini or great Northern beans, drained
3/4 cup chicken broth
1/2 cup chopped, sun-dried tomato packed in oil
1 tsp. rosemary, crushed
1 tsp. thyme, crushed

Queen of pie cooks with more than one skillet

By Janice Denham
Staff writer

When Sharon Baizer Winstein became national champion of the apple pie category at the 1998 International Pie Championship in Boulder, Colo., she knew it was time to finish a cookbook she had promised to write.

Gathering her recipes into "Breads, Soups, and Salads!" and having it published by her daughter's company (Smooth Stone Press, \$19.95), brought her great peace. She has taught cooking for 28 years.

"These recipes were developed by me. They are really a piece of my life," she says.

She often starts with six, to eight pages, specifying every step of a recipe. She "perfects" it over time, she says. It took almost a year of 30-hour weeks for her to corral her recipes for other kitchens to use.

Through her years of teaching cooking to children at Shaare Emeth Temple, she saw generations lose treasured family recipes.

"I needed to get these recipes down for my own children and own grandchildren. Cooking is my labor of love. There is nothing I would rather do except play with my grandchildren," she says. Coming at 4' 10", Winstein wants to pass down in her own and other families. Her grandchildren, own copies of her book.

She is a self-proclaimed perfectionist.

"I take all the guesswork out of these recipes. People are grateful not to have to decide what 'salt to taste' means. Parents are grateful they do not have to improvise," she says.

The recipes in her first cookbook are hearty. With three freezers and a basement of food, no one goes hungry at her house. Each recipe has two versions, one with exact steps, the second to be used "at a glance." She intersperses them with family stories and tips.

She tells how she eats Meal-to-Go Raisin Rolls, with its 10 percent of ingredients — grated carrot, cheddar cheese, flours and wheat germ, among them — to stave off hunger pangs wherever she is.

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1/4 tsp. salt
1/4 tsp. pepper
1/4 cup chopped fresh parsley
1/4 cup seasoned bread crumbs

In large saucepan, heat oil over medium-high heat. Cook and stir onion and garlic until tender, but not brown.

Add pork. Cook and stir 2 to 3 minutes until browned.

Stir in beans, broth, tomato, rosemary, thyme, salt and pepper.

Bring to boil.

Reduce heat. Simmer, covered, 10 minutes or until

pork is just tender, stirring occasionally.

Spoon cassoulet into individual soup bowls.

Sprinkle each serving with parsley and bread crumbs.

Makes 4 servings.

Dinner idea: Serve cassoulet with crusty bread as first course.

Serve torn greens tossed with French vinaigrette as second course.

Choose 2 or 3 different cheeses for dessert and serve with fresh pear, apple or peach wedges.

PORTOBELLA FAJITAS

Saute 8 to 12 ounces portobello mushrooms, 1

green bell pepper and 1 medium onion, each sliced, in 2 tablespoons extra virgin olive oil 5 to 6 minutes until soft. Salt and pepper to taste. Wrap mixture in soft flour or

corn tortillas. Serve with accompaniments of choice, like chopped tomato and peppers, shredded cheese and lettuce, sour cream and salsa.

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ROAST

69¢
LB.

CHICKEN
LEG QUARTERS

29¢
LB.

QUARTER LOIN
PORK CHOPS

\$1.29
LB.

CHICKEN OF SEA
TUNA FISH

39¢
LB.

WILD CHERRY PEPSI,
SLICE, MOUNTAIN DEW,
& MUG ROOT BEER,

6 PK CANS **\$1.39**

This Weeks Price Breakers

ANGEL SOFT
BATHROOM TISSUE

4 ROLL
PACK

49¢
WITH 2
BOOK

KRAFT
MAC & CHEESE
DINNER

7.5 OZ. BOX

9¢
WITH 2
BOOK

PRODUCE

IDAHO RUSSET

5 LB. BAG

99¢

CHILEAN PEACHES OR
NECTARINES

79¢
LB.

79¢

8 OZ. CUP
MUSHROOM

.....

\$1.29

YELLOW
ONIONS

5 LB. BAG

69¢

GRADE A
EX. LG. EGGS

DOZ. CARTON

29¢

DAIRY & FROZEN
JENG'S PIZZA

6.5 to 7 OZ. BOX

5/\$4

BUDGET
GOURMET ENTREES

8 to 10.75 OZ. BOX

\$1.29

BEST YET
SHREDDED CHEESE

5 OZ. PL.

2/\$3

KRAFT PHILLY SOFT
CREAM CHEESE

8 OZ. BOWL

\$1.29





We gladly accept
Quest Cards in Missouri
Link Cards in Illinois
WESTERN UNION MONEY TRANSFER
The Fastest way to send money worldwide.

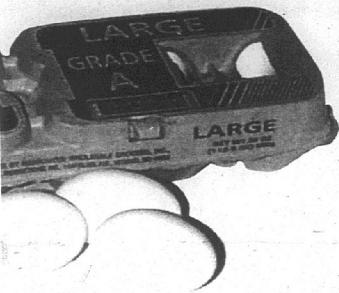
FOOD FOR LESS

Grade A Large Dozen

Best Choice Eggs

57¢
dozen.

Limit 3 please.



Trim
n Tender Boneless Beef Roast Sale!

Your Choice

Boneless
Bottom
Round Roast
Boneless
Arm Roast
Boneless
Chuck Roast

1
48
lb.

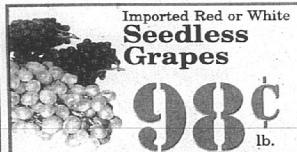
All for
Only

Sold as roasts only.



REAL VALUES — LOWER EVERYDAY PRICES GUARANTEED!

16 oz.
Bunny Soft
Twist Bread



Imported Red or White
Seedless
Grapes
98¢
lb.

1/2 Gallon
Pevely
Orange Juice



Family Pack
Smokerite
Thick Sliced Slab
Bacon
98¢
lb.

10.75
Tomato or Chicken Noodle
Campbell's Soup



2/\$1

4 Roll
Cottontelle
Bath Tissue



99¢

14 oz. Post
Alpha Bits or
Marshmallow
Alpha Bits



2/\$4

Regular Only - Gallon
Clorox
Bleach



99¢

Real Values

Produce

Best Choice
Butter Gold
Potatoes



148
5 lb. bag

In the Husk
Florida Sweet
Yellow Corn



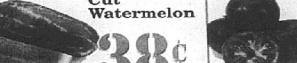
4/\$1
ears

Washington Extra Fancy
Red or Golden
Delicious Apples



2/\$1
lbs.

Red Ripe
Cut
Watermelon



38¢
lb.

Best Choice Meat Sale

16 oz. pkg.
Best Choice
Bologna or Salami



2/198

2.5 oz. pkg. Assorted Varieties
Best Choice
Thin Sliced Meats



2/98¢

16 oz. pkg.
Best Choice
Bacon



2/248

Real Values

Meat

Quarter Loin
Pork Chops



158
lb.

Whole Frozen Bone-In
Honeysuckle White
Turkey Breast



128
lb.

Tyson Whole
Cut Up Chicken



88¢
lb.

Boneless Beef
Short Ribs or
Stew Beef



188
lb.

Lenten Special Family Pack
Catfish Nuggets



148
lb.

Whole Skinless
Whiting



148
lb.

Real Values

Dairy & Frozen

12 inch Assorted Varieties
Freschetta Pizza



429

1 lb. Assorted Varieties
It's Not Butter



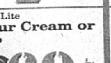
99¢

1/2 gallon Assorted Varieties
Eddy's Homemade
Ice Cream



2/\$6

8 oz. Assorted Varieties
Pevely Yogurt



3/129

12 pack
Pevely
Brown Cows



2/\$3

32 oz. Assorted Varieties
Mrs. Smith
Cobbler



2/\$6

9 oz. Assorted Varieties
Tyson
Chicken Meals



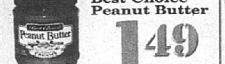
2/\$4

16 oz. Assorted Varieties
Westpac
Stir Fry



119

16 oz. Smooth or Crunchy
Best Choice
Peanut Butter



149

16 oz. Grape, Apple,
Pineapple
Best Choice
Jelly



99¢

16 oz. Seven Seas Ranch
Salad Dressing



99¢

5 to 5.5 oz.
Armour Potted
Meat or Vienna
Sausage



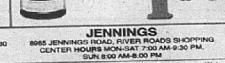
2/\$1

12 to 14 oz.
Best Choice
Deluxe Mac & Cheese
or Shells & Cheddar



129

6 oz. Assorted Varieties
Best Choice
Potato Chips



69¢

20 lbs.
Best Choice
Hi Pro
Dog Food



499

5.5 oz. Assorted Varieties
Best Choice
Cat Food

4/\$1

10.3 oz. 15 ct.
Chinet
Plates

2/\$3

Real Values

Grocery

12-16 oz.
Sunshine
Hi Ho
Crackers



2/\$4

100 oz.
Brooks Chili
Hot Beans



59¢

100 oz.
Era
Liquid
Laundry Detergent



499

28 oz.
Palmolive
Liquid Dish Detergent



179

6 pack
Caress
Bar Soap



499

22 oz. Assorted Varieties
Trigger Spray
Windex



199

10.3 oz. 15 ct.
Chinet
Plates



2/\$3

1 Roll
Viva
Towels



79¢

2 liter Assorted Varieties
Pepsi



97¢

Limit 6
Liquor 12 oz. cans
excluding
excluding
liquor and tobacco

578

Limit 2 with additional
purchase excluding
liquor and tobacco

289

Limit 4 with additional
purchase excluding
liquor and tobacco

349

Limit 6
Dr. Pepper, Sunny
Delight, Squirt, A&W

2 Up, Dr. Pepper, Sunny
Delight, Squirt, A&W

78¢

Limit 6
24-12 oz. cans
Regular and Diet
7 Up, Dr. Pepper,
Sunny Delight, Squirt, A&W

12-12 oz. cans
Regular and Diet
Coke, Diet Coke

2 Up, Dr. Pepper, Sunny
Delight, Squirt, A&W

78¢

Limit 6
Illinois Store \$7.69

18-12 oz. cans
Regular and Light
Busch Beer

969

24-12 oz. cans
Regular and Light
Milwaukee's
Best Beer

769

Illinois Store \$6.99

Prices effective 2-17-99 thru 2-23-99

Wed Thur Fri Sat Sun Mon Tue
17 18 19 20 21 22 23

• Personal checks welcome with valid drivers license or State ID • State Lottery • Food Stamps • Welcome • Manufactured Coupons Welcome • Western Union Money Orders Available • We Reserve The Right to Limit Quantities and Correct All Pricing Errors • Some Items May Not be Available At All Locations

8025 CLIVE COURT, UNIVERSITY CITY, MO 63141, 7:00 AM-9:30 PM, SUN 8:00 AM-6:00 PM

8065 JENNINGS ROAD, RIVER ROADS SHOPPING CENTER, HOURS MON-FRI 7:00 AM-9:30 PM, SAT 8:00 AM-6:00 PM, SUN 8:00 AM-6:00 PM

1127 MADISON AVENUE, HOURS MON-SAT 8:00 AM-9:00 PM, SUN 8:00 AM-6:00 PM

2713 HIGH RIDGE ROAD, HOURS 7:00 AM-6:00 PM, SUN 8:00 AM-6:00 PM

HIGH RIDGE

ILLINOIS

STATE

OPEN 24 HOURS

Shop 'n Save

TOTAL VALUE



ORIGINAL OR SPIRAL
Shop 'n Save
Macaroni & Cheese

6/\$1



IN OIL OR WATER
Star Kist Chunk
Light Tuna

2/.98



SELECTED VARIETIES
Shop 'n Save
Vegetables

6/\$1



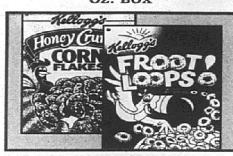
Bi-Rite
Paper Towels

5/4.97



DOUBLE ROLL
Angel Soft
Bath Tissue

3/.99



15.1-OZ. HONEY CRUNCH CORN
FLAKES, 15-OZ. FROOT LOOPS, 20-OZ.
RAISIN BRAN OR 17.6-OZ. SMACKS

Kellogg's Cereal

2/3.98



ASSORTED VARIETIES
Kellogg's
Pop Tarts

4/\$5



INDIVIDUALLY WRAPPED
Shop 'n Save
Singles

2/\$3



CHEEZY CHEW, BUTCHER
BLEND OR CHUNKS
Purina Kibbles

7.99

WHITE
Shop 'n Save
Sandwich Bread **99¢**

BROWN N SERVE
Shop 'n Save
Rolls **99¢**

ASSORTED VARIETIES
Dorito's
Tortilla Chips **2.495**

ASSORTED VARIETIES
Keebler Sandies
Cookies **2.495**

Keebler
Vienna Fingers **2.495**

ASSORTED VARIETIES
Keebler
Grahams **2.495**

OVEN RISING OR DOUBLE TOP
Tombstone **2.799**

Pizza.....

26.4-30.9
OZ. PKG.

2/7.99

ASSORTED FLAVORS
Prairie Farms
Ice Cream **3.99**

14-15.2
OZ. PKG.

**14.15.2
OZ. PKG.**

ASSORTED VARIETIES
COUNTRY KINGS OR
Ore Ida
French Fries **2/\$4**

26.4-30.9
OZ. PKG.

2/4

ASSORTED VARIETIES
DORITO MACARONI & CHEESE OR
Kraft
Velveeta N Shells **2/\$3**

12-OZ.
OZ. PKG.

2/3

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Great Values!

ON POPULAR HUNT-WESSON PRODUCTS



Hunt's
Ketchup

1 19

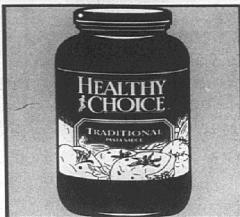
24-OZ. BTL.



ASSORTED VARIETIES. PREMIUM
Florida Natural
Orange Juice

2/488

64-OZ.
CTN.



ASSORTED VARIETIES
Healthy Choice
Pasta Sauces

1 99

16-26 OZ.
PKG.

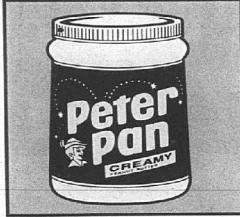


ASSORTED VARIETIES

Healthy Choice Soup

**3 FOR
3 95**

15-OZ. CAN



ASSORTED VARIETIES
Peter Pan
Peanut Butter

1 68

17.6-18 OZ.
JAR



ASSORTED VARIETIES
Hunt's
Spaghetti Sauce

97¢

25.75-26.5
OZ. CAN



ASSORTED VARIETIES
Hunt's Snack
Pack Pudding

99¢

4-PACK



EVERYDAY LOW PRICE
SNACK PACK
Hunt's
Juicy Gels

99¢

4-PACK



ASSORTED VARIETIES
Wesson Oil

1 99

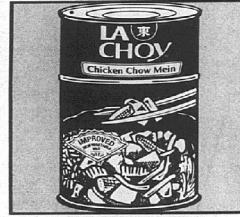
48-OZ. BTL.



SELECTED VARIETIES
Swiss Miss
Hot Cocoa

3/4 95

9.6-10 OZ.
PKG.



ASSORTED VARIETIES
La Choy
Bi Pack

1 99

42-OZ.
PKG.



RVO200

**Shop 'n
Save®**

**Photo Processing
Valentine's Day
Special**

Double
3 1/2 Inch
Prints

2 99
UP TO 24 EXP.

ADD \$1.00 36-EXP.

02172A

SHOP 'N SAVE EXPIRES FEBRUARY 21, 1999
IN-AD MANUFACTURER COUPON P45-2-200

**SAVE \$2.00 off 2
La Choy®
Bi-Pack Dinners**

GOOD ONLY AT:
Shop 'n Save.

221917



To Retailer: Hunt-Wesson, Inc. will reimburse you the maximum value plus 8¢ handling if submitted in compliance with the Hunt-Wesson, Inc. Coupon Redemption Policy available upon request. Cash value 1/100 of a cent. Send properly redeemed coupons to: Hunt-Wesson, Inc., CMS Dept. 227956, 1 Fawcett Drive, DEL RIO, TX 78840. LIMIT ONE COUPON PER PRODUCT PURCHASE.



5 144300 3115115

SHOP 'N SAVE EXPIRES FEBRUARY 21, 1999
IN-AD MANUFACTURER COUPON P45-2-100

SAVE \$1.00 when you buy **any TWO** of these products:

La Choy 10 oz. Soy Sauce
La Choy 10 oz. Teriyaki Sauce
La Choy 10 oz. Sweet & Sour Sauce
La Choy 19 oz. BBQ Honey Teriyaki Sauce
La Choy 12 oz. Chow Mein Noodles

GOOD ONLY AT:
Shop 'n Save.

221920

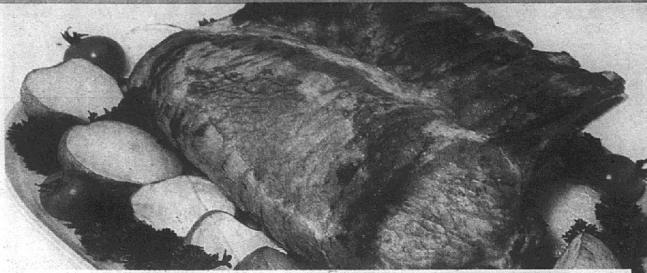


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5 144300 3003315

Bursting With Flavor. Priced Lower Too!

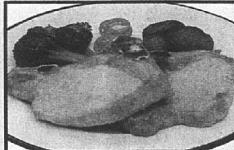
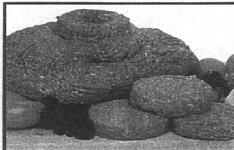


RIB END OR LOIN END
Pork Loin
Roast

139
lb.

FAMILY PACK
CENTER CUT
Rib Pork
Chops

199
lb.



159
lb.

59¢
lb.

159
lb.

139
1-LB. PKG.

139
lb.

USDA CHOICE CORN FED BEEF
Boneless Mock
Tender Steaks... 199

FISH STICKS OR FILLETS
Van De Kamp
Crisp & Healthy 289

STICKS OR PORTIONS
Gorton's Value
Pack Fish... 289

JUMBO FRANKS OR
Eckrich
Bologna... 119

ALL VARIETIES
Jimmy Dean
Pork Sausage.... 2/3

HUDSON
Pick of
the Chicken... 99¢

ASSORTED VARIETIES
Oscar Mayer
Lunchables.... 139

ALL VARIETIES
Chef's Choice
Entrees... 499

CHICKEN, BEEF OR PORK
Lloyd's
Tub Barbecue.... 499

Circle A
Bacon Patties.... 399

ALL NATURAL
Hudson Chicken
Drumsticks.... 79¢

BAKERY DEPARTMENT
Meringue
Pies.... 2/7

DELI DEPARTMENT
Lenten Special
Tuna Salad..... 399

DELI DEPARTMENT
ALL MEAT, GARLIC OR BEEF
Eckrich
Bologna.... 299

DELI DEPARTMENT
BEEF OR SMOKED
Swift
Hard Salami.... 399

BAKERY DEPARTMENT
FRESH BAKED
Rye or
Italian Bread.... 99¢

SEAFOOD DEPARTMENT
FROM LAKE VICTORIA
Mild Nile
Perch Fillets.... 299

SEAFOOD DEPARTMENT
70-90 CT.
Tail-on Cooked
Cocktail Shrimp 499

SEAFOOD DEPARTMENT
Catfish
Nuggets.... 159

SEAFOOD DEPARTMENT
Alaskan King
Crab Legs.... 599



188
2-LB. BAG

298
20-LB. BAG

5.98

399
EACH

Northwest
Anjou Pears.... 78¢

WASHINGTON STATE
68-CT. OR 113 CT. SIZE
Red or Golden
Delicious Apples 78¢

68-CT. SIZE
California
Lemons.... 3.98

48-CT. SIZE
Florida
Red Grapefruit... 5.98

Fresh
Asparagus..... 128

IMPORTED
Sweet
Yellow Onions 58¢

Mann's
Broccoli Wokly... 198

ROASTED OR SALTED
Gary's
Peanuts..... 198

ASSORTED VARIETIES
BAKE TO ORDER
Red Baron
Pizza.... 2/899

ASSORTED VARIETIES
Budget Gourmet
Entrees.... 4/55

ASSORTED VARIETIES
FROZEN
Flav-R-Pac
Vegetables.... 5/54

SELECTED VARIETIES
Michelina's
Entrees.... 5/54

FAT FREE
Shop 'n Save
Skim Milk..... 249

Prairie Farms
Chocolate Milk.... 2/55

Shop 'n Save
Sour Cream.... 97¢

ORIGINAL OR FAT FREE
Sargento
Ricotta Cheese... 3/55

Shop 'n Save
Apple Juice.... 99¢

17 18 19 20

1-LB. PRO.

12-OZ. CANS

Two 12-packs Coke
OR
One 24-pack Pepsi
5.89

12-OZ. CANS

12-OZ. CANS

1-LB. PRO.

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Automotive

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Fortune predicts top 10 vehicles of future

By Rick Stoff

Planning for the next century? Fortune magazine has suggested a list of the top 10 vehicles for the new millennium in its Feb. 15 issue.

The list is said to indicate which cars and trucks will be the most popular in the year 2000. The list begins with the new Chrysler PT Cruiser and Ford Thunderbird in first and second. The remainder of the top 10 are the Mercedes-Benz S-Class cars; BMW X5 car/sport/utility hybrid; Jaguar S-Type; Ford Focus; Audi TT; Honda S2000; Lincoln Blackwood pickup; and Lexus LS.

Everybody wants to be an automotive writer. Comedian and NBC "Tonight Show" host Jay Leno has been named a contributing editor of Popular Mechanics and will begin writing a bimonthly column on cars, motorcycles and collecting. Leno is a well-known avid car and motorcycle collector. His collection is said to be extensive, and unlike many car nuts, he seems to have sufficient garage space to store them. His column begins in March.

The consolidation of the global auto industry continued with Ford's purchase of Volvo. Nissan seems to be on the merger block, too, but its deep financial problems make it a rather unattractive partner.

While Ford paid \$6.5 billion to acquire Volvo's automotive operations, it has lost money for the past seven years and carries a debt load of \$22 billion. DaimlerChrysler and Renault have acknowledged they have been talking to Nissan, but Nissan could owe more money than it is worth. Based on Nissan's current stock price of its outstanding shares combined are worth just \$8 billion.

The American Methanol Institute has begun a campaign to make methanol the hydrocarbon of choice in tomorrow's small-cell automobiles. An engineering analysis was sponsored by the institute, which is asking the month to contend that methanol, also known as methyl alcohol, is less hazardous in the environment than gasoline and therefore should be used in fuel cells that will generate electricity for cars.

"It's time to gather all the constituents like benzene, methanol likely will have far fewer adverse impacts on the environment," said Michael E. Kavanagh of the Malcolm Pirnie Inc. engineering firm. He said methanol "is capable of completely mixing with water, degrades quickly in the environment and most important, biodegrades rapidly in surface waters and underground. Generally, methanol is less toxic to humans than gasoline, and is neither mutagenic nor carcinogenic."

The institute hopes that 2 million vehicles run off fuel cells will be on the road by 2010, creating a market for 380 million gallons of methanol each year. That is more methanol than can be produced by current factories.

1999 Oldsmobile Cutlass has lots to offer



Oldsmobile's Cutlass represents one of the best values available in the new-car market. The Cutlass is a conservatively styled sedan that looks good and operates a spacious interior in proportion to its overall dimensions. It provides smooth V-6 power, air conditioning, automatic transmission and anti-lock brakes in the GLS series, with a base price starting below \$19,000.

Handy features like a dash-mounted ignition switch, a split-folding rear seat and a cup holder are every good passenger's dream. The GLS adds leather seats, aluminum wheels, keyless remote entry, power windows, power mirrors and other equipment.

A panoramic sun roof added during the 1999 model year has proved to be a popular GLS upgrade.

The fully independent suspension uses MacPherson front struts and a "tri-link" system that results in excellent ride handling and control.

The 3.1-liter V-6 engine provides powerful acceleration, quiet operation and

smooth all-around performance. The engine has sequential fuel injection and aluminum cylinder heads. It produces 150 horsepower at 4,800 rpm and 185 pound-feet of torque at 4,000 rpm, which provides spirited passing response.

The four-speed automatic transmission has electronic control and a viscous-type lock-up torque converter for smooth operation.

The interior has a strong driver orientation, with bucket seats, a console and large, easy-to-see controls and gauges. Conveniences include illumination for practically every switch and control, a microprocessor-based instrument cluster, halogen headlights and a dual-zone rear-window defogger.

Cutlass is one of the few cars with a cup holder positioned to the left of the steering wheel. And for that full load of passengers, Cutlass has an extra storage hook that each holds several hangers, and fold out of the way when not in use.

Standard safety features include driver and front passenger multi-generation air bags, a driver's side air bag that is attached to the seat, so they move when the seat moves. Anti-lock brakes help stabilize the vehicle when making a panic stop on dry roads and help the driver stop straight and also steer while

the vehicle is coming to a stop on roads covered with ice or rain.

Cutlass provides personal security with a PASSlock security system that disables the powertrain if any attempt to start the car is made without the proper ignition key. Additionally, the remote keyless entry system uses a microchip that changes with every use, to foil would-be thieves who electronically copy transmitter codes.

Cutlass has been such a popular vehicle, no significant changes were necessary for the 1999 model year. Additions to the color palette include dark bronze mist and dark cherry in place of dark red.

For 1999, there is the availability of a "Gold Package" that includes gold-plated aluminum wheel ports, front and rear gold name badges and gold nameplates.

Cutlass offers peace of mind and ease of use. It has a long history of reliability, intervals and long-life coolant. On-board diagnostic systems alert the driver of potential problems with the emission-control system before they occur. The dual-speed automatic transmission is filled with "lubed-for-life" Dextron III fluid.

The Cutlass is an intelligent choice for drivers who value substance over status.

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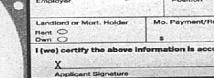
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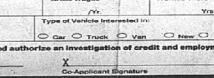
98 GMC Sierra 4x4 Ext Cab 4x2
3dr, Tilt w/Tip Down, Lots of Factory Options, Low Miles, 2 to Choose Front



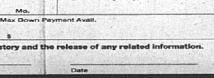
95 Chevy Tahoe LTD
Bucket Seats, Leather, PW, PL, Tilt & Cruise, 4x4, CD, 2 to Choose!



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Edited by Joyce Nichols Lewis



2/14/99

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Scholarship recipients

The Belleville Area College Foundation recently announced its 1998-99 scholarship recipients. Above left, students Monique Flager of Belleville, left, and Jeanna Shemonic of Steeleville, recipients of U.S. Rep. Jerry F. Costello Scholarships, are pictured with Costello. The scholarships are awarded to residents of U.S. Congressional District 12: one from St. Clair County or Madison County and another from Monroe County or Randolph County. Recipients are returning adult



students, enrolled in a minimum of six credit hours and having completed a minimum of six credit hours. Above right, student Dennis Holland, center, of Granite City, recipient of the Granite City Elks Club Soccer Scholarship, is pictured with Larry Petri, left, BAC soccer coach, and Randy Witter, youth athletic director for the Granite City Elks Club. The scholarship is awarded to a full-time student on the BAC soccer team who lives in Granite City.

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All brick 3BR spacious ranch on corner lot, additional lot included. Full basement, partially finished w/ extra. Upgrade allowance included. GC-4205



GREAT BUY! Very nice 2 BDR, 1BT with recently remodeled kitchen & bath. New carpet, furnace & A/C in 98. New front porch & deck off back overlooking wooded lot. Walk-up attic drywalled & wired for 3rd BDR or office. Walk-out basement & garage. E-206



Newly updated dollhouse. 2 BR, 1 bath, utility room, freshly painted. Detached oversized garage. Vinyl siding, newer roof. Won't last long! GR-4156



CONVENIENT TO INTERSTATE, 3 BDR, 2BT ranch w/ 2 car attached garage; large utility rm, walk-in pantry; open floor plan; kitchen, breakfast room & dining room both with newer carpet; fenced rear lawn. GR-4185



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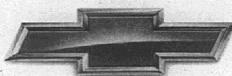
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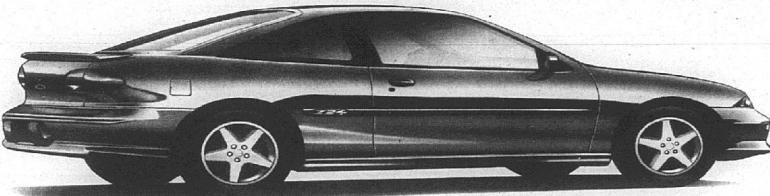
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